

INTRODUCTORY GUIDE TO BANT RESOURCES FOR NEWLY QUALIFIED NUTRITIONAL THERAPISTS

BANT Student Network

Social Media

 **Blog:** www.bantonline.wordpress.com

 **Facebook:** www.facebook.com/BANTonline

 **Twitter:** <https://twitter.com/BANTonline>

 **YouTube:** www.youtube.com/user/BANTNT

Further information about BANT social media is available from:

www.bant.org.uk/members-area/member-resources/social-media/

LinkedIn Group

- The BANT LinkedIn group is a **discussion forum** for BANT members to ask questions, share knowledge and resources, and talk about developments in current affairs that may affect nutritional therapy
- This is a great way to **learn from other practitioners** and get **support and guidance** through any uncertainties as you embark on setting up your practice
- To join go to: www.linkedin.com/groups/BANT-4633986/about

Regional Co-ordinator Programme

- BANT runs a Regional Co-ordinator Programme to provide an **opportunity for members to network** with each other in their **local** communities.
- Each region in the UK has or will have a full BANT member co-ordinating meetings and events to provide support for members in that region. There is also a Worldwide Regional Co-ordinator.
- For **further information and listings** with contact details for all Regional Co-ordinators please see: www.bant.org.uk/members-area/regional-co-ordinators/list-of-regional-coordinators/
- Regional Co-ordinator Team Leader **Michelle Chester** is happy to answer questions and can be reached at pr-regions@bant.org.uk

Practitioner Toolkits

BANT has developed several toolkits to help nutritional therapists navigate key areas when starting out in practice:

- **PR** – explains how to use PR techniques to develop your business and build an engaging public profile
- **Marketing** – offers support in understanding your market and improving practice success and profitability
- **Business** – guidance on setting up a small business including financial and operational aspects
- You can access these extensive resources at: www.bant.org.uk/centre-of-excellence/knowledge-sharing/resources/toolkits/

Continuing Professional Development (CPD)

- CPD is essential in order to maintain **professional standards** and expand your skills as a nutritional therapist
- It is **compulsory** for BANT full members to complete 30 hours of CPD each year and **log them online** at: www.bant.org.uk/bant/jsp/member/CPDLog.faces
- There are several BANT guides to help you learn more about **what counts as CPD** and why it is important. These and listings for **upcoming CPD events** can be found at: www.bant.org.uk/bant/jsp/member/CPDandconferences.faces

BANT News

- A monthly newsletter e-mailed to all BANT members
- **Priority reading** to keep up-to-date with the latest **BANT projects, developments and opportunities** in the nutritional therapy community
- Provides **in-depth articles** on clinical topics written by experienced practitioners
- Fantastic way for learning about **upcoming events, offers and healthy recipe ideas**
- **Previous issues** of the newsletter are available to read at:
www.bant.org.uk/members-area/member-communications/bant-news-archive/

Learning Zone

- The Learning Zone is an **online learning platform** through which BANT offers activities and informal tests
- Activities are designed to help **develop your knowledge** of specific areas of nutritional therapy practice
- Engaging in Learning Zone exercises counts towards your **CPD quota**
- Current available topics include **Functional Medicine** and **Functional Testing**
- Use your BANT log-in details to access the Learning Zone here:
<http://learningzone.bant.org.uk/login.php>

Natural Medicines Comprehensive Database and Natural Standard Database

- BANT members have **full licensed access** to these frequently updated **evidence-based resources** on natural ingredients, commercial products and alternative therapies
- This is a useful tool for **checking drug-nutrient interactions** and drug-nutrient depletions
- A 'Clinical Management Series' of courses is also available on NMCD
- Both databases can be accessed here:
www.bant.org.uk/centre-of-excellence/evidence-based-databases/

Complementary & Natural Healthcare Council (CNHC)

- The CNHC is a **national voluntary regulator** for complementary healthcare practitioners; it sets standards in order to enhance public protection - www.cnhc.org.uk
- Registered practitioners are **listed on the CNHC website**
- The Department of Health has advised GPs to recommend that patients seeking complementary therapies consult CNHC registered practitioners
- Further info and guidance on how to register through BANT is available at:
www.bant.org.uk/members-area/complementary-and-natural-healthcare-council-cnhc/

Any questions...

- For **general queries, administration and membership enquiries** contact theadministrator@bant.org.uk (General Manager - Melanie de Grooth)
- For **ethics and professional practice complaint enquiries** contact bantpractice@bant.org.uk (Chair of the Professional Practice Committee – Louisa Richards)
- For **rules & regulations, advertising and marketing enquiries** contact communications@bant.org.uk (Head of Communications - Helen Barklam)
- For **CPD enquiries** contact cpd@bant.org.uk (Chair of the CPD Committee – May Simpkin)