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## **Insurance Essentials for Nutritionists and Lifestyle Medicine Practitioners: Protecting Yourself and Your business**

**Free and Live BANT Webinar with Annie Tabberner – Client Engagement Representative and Katie Thomas – Technical Teams Manager from Balens**

Hello there,

We are delighted to announce the next webinar of 2026 in the BANT Webinar Partnership Programme. This month, we have education provided by [Balens](#).

This webinar will demystify the core insurance protections Nutritionist and Lifestyle medicine practitioners need, explain how cover applies in real-world scenarios, and share claims insights to help you reduce risk and respond confidently if something goes wrong. Using clear examples, the session will outline what's typically included in a practitioner policy and how different liabilities work together to safeguard your practice, your clients, and your reputation. In this webinar, the speakers will provide:

- A breakdown of the cover available through Balens for BANT members
- Claims examples
- Record Keeping updates

This webinar includes a Q&A afterwards. Hosted by Annie Tabberner, Client Engagement Representative at Balens, and joined by Katie Thomas, Technical Team Manager.

Join Annie Tabberner and Katie Thomas on behalf of [Balens](#) on the **9th of April 2026 (13:00 - 13:30)**. The webinar is free and exclusive to BANT members.

**All live BANT webinars are recorded and loaded to the [BANT Learning Zone](#) for viewing on demand in the days following the live event. You will find this one in the *BANT Professional Support Category*.**

[Book Your Place Here!](#)

**Please note:** we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time. When registering, **please always include your BANT membership number** which is available from your BANT dashboard. This speeds up the approval process. **In future, any registration without a BANT number will be considered invalid.**

*This webinar is brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.*

For any enquiries, please email Clare at [clare.grundel@bant.org.uk](mailto:clare.grundel@bant.org.uk).

Best wishes,  
The BANT Webinar Team

This email is sponsored by:

Insurance Essentials for Nutritionist and Lifestyle Medicine Practitioners –  
Protect yourself and your business

**BALENS**

Join us online  
9<sup>th</sup> April at 1pm



**Annie Tabberner -  
Client Engagement  
Representative, Balens**

Annie has been with Balens for just over a year and is passionate about building strong partnerships and delivering an exceptional experience for clients, with a warm and approachable style.



**Katie Thomas - Technical  
Schemes Manager, Balens**

Katie has over 17 years of experience within the industry and brings extensive technical knowledge and practical insight to her role as Technical Schemes Manager at Balens. Katie will be leading our Question-and-Answer session, helping to address your queries with clarity and confidence.



British Association for Nutrition and Lifestyle Medicine (BANT)

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