

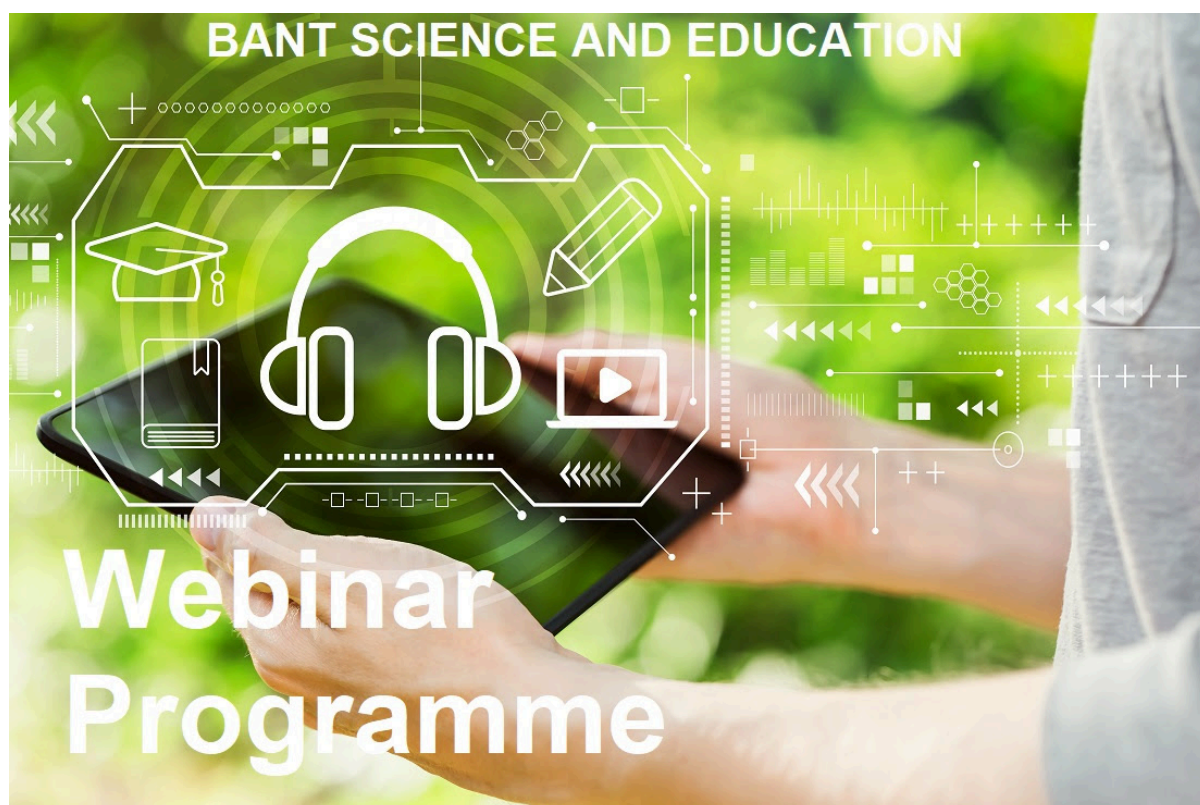
October/November 2025 BANT Partnership and
BANT Webinars

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BANT®

Science-based nutrition
practice since 1997



October/November 2025 BANT Partnership and BANT Webinars

Hello there,

Over October and November, we were delighted to present 2 BANT webinars in the BANT webinar partner programme and 5 BANT Business Development offerings. Read on for details and how you can catch up with the recordings.

Glutathione and Nutrigenetics - Personalising Antioxidant and Detoxification Support in Partnership with [Lifecode Gx®](#).

Agnieszka Lemieszewska, MBANT, Lifecode Gx® Practitioner Service Manager, covered the foundational concepts of nutritional genetics, explaining how genetic variation influences nutrient requirements and how nutrients, in turn, can modulate gene expression. With a specific focus on glutathione, she explored how single nucleotide polymorphisms (SNPs) in genes related to synthesis, utilisation, and recycling of glutathione can impact antioxidant defences and detoxification capacity. The session emphasises clinical relevance, showing how integrating genetic information can inform targeted, personalised nutritional strategies.

This webinar covers:

- Key genes in glutathione pathways affecting antioxidant defences and detoxification
- How genetic variation influences nutrient requirements for glutathione and its precursors and cofactors
- How to interpret nutrigenomics test findings to personalise support for oxidative stress, detoxification, and chronic disease prevention
- Applicable to autoimmunity, Alzheimer's disease, Parkinson's disease, neurodiversity, cancer, oestrogen dominance, multiple chemical sensitivity, thyroid health, cardiovascular disease, type II diabetes, fertility.

We have the recording of this live event ready for you in the [BANT Learning Zone](#) library, *Nutrigenomics/Genetics Category*.

H. Pylori or Acid Reflux? Let's Deep Dive the Research and Apply some Common Sense in Partnership with [Made by Daily](#).

Join Dilkiran Kular, co-founder of the innovative company Made By Daily Ltd and co-host of the growing YouTube and Podcast The Can I Be Candid Show, discussing H. Pylori. Antibiotic-resistant microbes are on the rise, and H. Pylori has made its way onto the WHO's Top 20 list. Quadruple therapy is now being favoured over triple therapy, and we are seeing an increase in over-the-counter PPIs. However, what if there is a missing connection that is not just being overlooked but also disregarded? Histamine and Ammonium. These two key ions both play a role in our health, but too much is where the problem lies. So, what can we do? This comprehensive session delves into the often-overlooked connection and provides simple, actionable solutions for lasting relief.

This webinar covers:

- A history and up to date research behind H. pylori
- Understanding the role of histamine and ammonium in acid reflux
- The role of protein and its contribution to ammonium
- H pylori vs Acid Reflux symptoms
- Natural strategies for effective H. pylori... regulation
- Common solution mistakes and how to avoid them

We have the recording of this live event ready for you in the [BANT Learning Zone](#) library, *Digestion and Microbiome Category*.

These 2 webinars are brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any

product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.

Business Development - BANT Business Toolkit Webinar Series – Parts 1 - 5

Setting up your business? Wanting to expand? Simply looking for business support and ideas. This new series is for you.

All recorded and in the *Business Development Category* of the [BANT Learning Zone](#):

- Part 1. **Systems, Skills and Support** with **Nicki Williams** and **Lauren Lovell**
- Part 2. **Mini Courses that Sell** with **Gwen Warren**
- Part 3. **Getting PR for your Business with Confidence** with **Debbie Grayson**
- Part 4. **Business Planning: From Vision to Reality** with **Damian Etherington**
- Part 5. **Creating Opportunities Wherever you Go** with **Ann Garry** and **Ami Gilder**.

Whilst you are in the [BANT Learning Zone](#) and thinking business, check out the new **Phoebe Park** webinar on **Getting Clients via Social Media**. This was run as a special thank you to our BANT volunteers and was so popular, that the decision was taken to make it available to all members. Thank you Phoebe.

We have the recordings of these live events ready for you in the [BANT Learning Zone](#) library, *Business Development Category*.

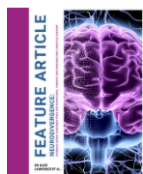
For any enquiries, please email Clare at clare.grundel@bant.org.uk.

Best wishes,
The BANT Webinar Team

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Issue 8 - Out now!



Feature Article

Neurodiversity: evidence-based considerations for nutritional therapy and personalised lifestyle support





Agnieszka Lemieszewska

Agnieszka Lemieszewska is a registered Nutritional Therapist and Functional Medicine Consultant with a breadth of clinical experience across diverse health concerns. At Lifecode Gx®, she supports practitioners in incorporating genetic testing with confidence, using science-led strategies to deliver personalised, outcomes-focused care.



Dilkiran Kular

Dilly is the co-founder of the innovative company Made By Daily Ltd and co-host of the growing YouTube and Podcast The Can I Be Candid Show. He has established himself as the go-to resource for all things Histamine and Vitamin D. With a hunger for information and a desire to understand allergies and allergic reactions better, he has built a wealth of knowledge that has empowered practitioners to implement functional protocols to detox the right way.



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