



BANT Healthy Weight Loss Event - Sat 07 March 2026 - Oxford University AND Virtual

Hello there,

The first BANT Event in 2026 will focus on the opportunities for nutrition and lifestyle medicine practitioners to support clients through sustainable weight loss, how to work alongside other professionals and the popularity of weight loss medications, and make this a rewarding part of your business.

Content will include:

- Current weight loss medications - profiles, mechanisms, risks, outcomes, and the criticality of wrap-around support
- Diet and lifestyle approaches - fasting, caloric restriction, ketogenic and low carb diets, preserving and building muscle
- Client case studies - GP perspectives, successes, failures and learning points
- Behaviours, psychology, habits and environment

Early Bird Tickets available in December only!

Buy Your Early Bird Ticket Now!

Tickets available to attend either in-person OR virtual - please choose the right ticket for you!

Thank you to Platinum Event Partners [Amrita](#), [ProLon](#) and [Viridian Nutrition](#), for helping make this event possible and keep prices low for BANT Members.

In addition to the main CPD day, Saturday 07 March, this event will include a Bonus Lives day on Tuesday 10 March with additional content.

Everything is recorded & ticket holders, both in-person and virtual, get swift access to all recordings & slides.

Buy Your Early Bird Ticket Now!

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More incoming!

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More incoming!

~ BANT Events Team



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