



BANT[®]
Science-based nutrition
practice since 1997

NEWS BULLETIN

Your monthly round-up



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Protecting the Profession in the Regulatory Environment

NICE (May 2025) – BANT submission to change published obesity guidelines accepted and guidelines returned to previously approved version with removal of 'AfN Nutritionist' and return to generic 'Registered Nutritionist' to protect BANT members right to work with overweight and obese clients.

Food & Mood TM (May 2025) – BANT submission to dismiss TM accepted and TM overturned.

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**NUTRITION
EVIDENCE
DATABASE**

Out now...



NED 2.0 is live! It is time to take it for a spin.
Sign up for an account today for the full experience.



Pushing the Political agenda & raising the profile of NTs in Parliament

Press Release (May 2025) – [Government u-turn on promoting 'nutritious food' is hard to digest](#)

Press Release (May 2025) - [The Government lacks the stomach for promoting 'health' as it delays the junk food advertising ban till 2026](#)

Promoting NT services to GPs / Primary Care & wider HCP channels

BANT attendance at [Industry Events](#) incl. IPM (June 2025), Prescribing Lifestyle medicine (May 2025), AFMCP (April 2025), IHCAN (March 2025), Best Practice (Feb 2025)

Updates to [GP & Primary Care Toolbox](#) (April 2025) - NEW letter templates for members to connect with client GP and HCP team

Joint Statement (March 2025) - [BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications](#)

Press Release (February 2025) - [80,000 accredited practitioners available to bolster the NHS](#)

Sharing your services to the General Public

BANT [Social Media Campaigns](#) (March 2025) – What is Nutritional Therapy?

Furthering members' professional development and expertise

Nutrition Evidence Database (NED)

- Launch of [NED 2.0](#) (September 2025)

Upcoming BANT Events

- [Liver Health and Detoxification](#) - Virtual, Saturday 08 November, plus Bonus Lives on Tuesday 11 November

BANT Professional Webinars (Located in the [BANT Learning Zone](#))

- Introduction to Mental Health with Portia Hodges, 3-part series
- Working with Eating Disorders and Disordered Eating in Nutritional Practice with Emma Hendricks and Nicola Shubrook, 2-part series

BANT Partnership Programme Webinars (Located in the [BANT Learning Zone](#))

- Enzymes and the Gallbladder in partnership with Enzyme Science with Leyla El Moudden
- Personalised Prebiotics: Optimising Gut Microbiome Health with Prebiotics in partnership with Invivo Healthcare with Hannah Braye
- The Probiotic Puzzle: Separating Fact from Fiction for our Client's Gut Health in partnership with SMART STRAINS with Dr Megan Rossi

- The Value of Food IgG Testing in Athletic Performance in partnership with CNSLab with Ed Tooley, Dr Nigel Abraham and Sam Dunkley

BANT Events - Recordings now available (Located in the [BANT Learning Zone](#))

- NED Science Forum 2025
- Exercise and Sports Nutrition Event (2024)
- Healthspan and Ageing (2024)

Keeping you safe in Professional Practice

Launch of NEW drug-nutrient Interactions database [Efficasafe](#) (February 2025) for drug-nutrient interaction checks – access via your member dashboard

Update to BANT [Cancer Guidelines](#) (February 2025)

Update to BANT [Eating Disorder & Disordered Eating Guidelines](#) (July 2025)

Launch of BANT [Mental Health Guidelines](#) (July 2025)

Launch of [GLP-1 Practitioner Guidelines](#) (September 2025)

Building and Strengthening your Business Skills

NEW Business Toolkit

- A comprehensive toolkit will be released imminently with the aim of providing guidance and resources to help you identify and think through key choices, whether you are starting out or seeking to improve your business

Business Toolkit Webinars

- 'Systems, Skills & Support' - recording available in the [BANT Learning Zone](#) under the *Business Development webinar category*.
- ['Mini Courses that Sell' with Gwen Warren](#), with Gwen Warren, 5 November - live webinar.
- ['Getting PR for your Business'](#) with Debbie Grayson, 12 November - live webinar.
- ['Business Planning: From Vision to Reality'](#) with Damian Etherington, 19 November - live webinar.
- ['Creating Opportunities Wherever you Go'](#) with Ann Garry & Ami Gilder, 26 November - live webinar.
- [The Systems, Skills and Support You Need to Build a Successful Clinic](#) with Nicki Williams & Lauren Lovell, 12 November - live webinar.

Students Resources

Student Tea Sessions

- See the BANT [Student Network](#) page for updates on Student Tea Sessions - new term's sessions to be announced soon!

Efficasafe

- View the [Efficasafe Introduction Webinar](#) to learn how to get the most out of this powerful Herb-Drug-Supplement Platform which is available to BANT members

Your shortcuts to popular BANT Resources

[Professional Practice Handbook](#)

[Nutrition Evidence Database](#)

[NED Journal](#)

[NED Infobites](#)

[Efficasafe Interactions Database](#)

[BANT Wellbeing Guidelines](#)

[GP & Primary Care Toolkit](#)

[BANT Infographics](#)

[Food for your Health Resources](#)



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