



Glutathione and Nutrigenetics — Personalising Antioxidant and Detoxification Support

Free and Live BANT Webinar on Tuesday 14th of October 2025 from 13:00 – 14:00 with Agnieszka Lemieszewska, MBANT, Lifecode Gx® Practitioner Service Manager In partnership with [Lifecode Gx®](#)

Hello there,

We are delighted to announce the next BANT Partnership webinar of the autumn season for 2025. This month, we have education provided by [Lifecode Gx®](#).

Agnieszka Lemieszewska, MBANT, Lifecode Gx® Practitioner Service Manager, will introduce the foundational concepts of nutritional genetics, explaining how genetic variation influences nutrient requirements and how nutrients, in turn, can modulate gene expression. With a specific focus on glutathione, it explores how single nucleotide polymorphisms (SNPs) in genes related to synthesis, utilisation, and recycling of glutathione can impact antioxidant defences and detoxification capacity. The session emphasises clinical relevance, showing how integrating genetic information can inform

targeted, personalised nutritional strategies.

Join Agnieszka on behalf of **Lifecode Gx®** on **Tuesday 14th of October 2025 from 13:00 - 14:00**. The webinar is free and exclusive to BANT members.

Book Your Place Here!

Please note: we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time. When registering, **please always include your BANT membership number** which is available from your BANT dashboard. This speeds up the approval process. **In future, any registration without a BANT number will be considered invalid.**

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For any enquiries, please email Clare at clare.grundel@bant.org.uk.

Best wishes,
The BANT Webinar Team

This email is sponsored by:



Agnieszka Lemieszewska
MBANT, Lifecode Gx Practitioner
Service Manager

Agnieszka Lemieszewska is a registered
Nutritional Therapist and Functional Medicine

Consultant with a breadth of clinical experience across diverse health concerns. At Lifecode Gx®, she supports practitioners in incorporating genetic testing with confidence, using science-led strategies to deliver personalised, outcomes-focused care. Consultant with a breadth of clinical experience across diverse health concerns. At Lifecode Gx®, she supports practitioners in incorporating genetic testing with confidence, using science-led strategies to deliver personalised, outcomes-focused care.



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