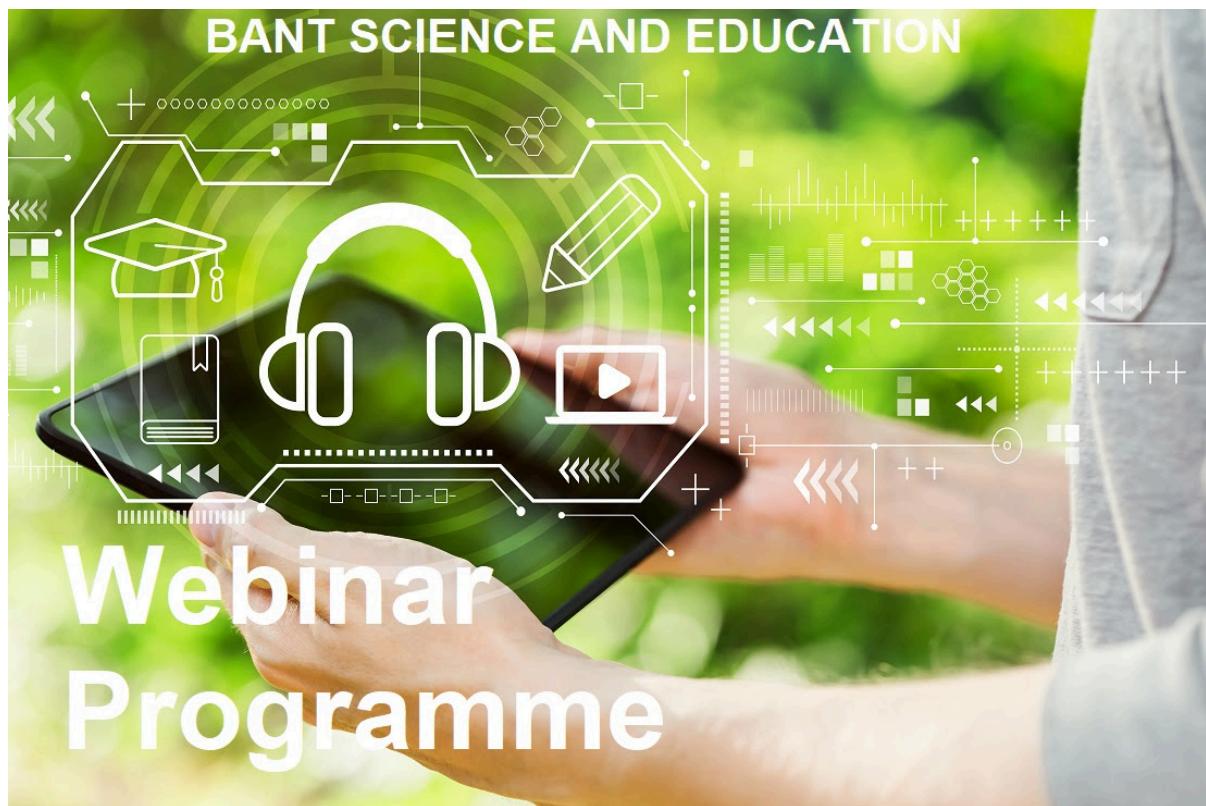


September 2025 BANT Partnership Webinars

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## September 2025 BANT Partnership Webinars

Hello there,

This month, we were delighted to bring you 2 webinars hosted as part of the BANT webinar partner programme. Read on for details and how you can catch up with the recordings.

**Enzymes and the Gallbladder in Partnership with Enzyme Science**

Leyla El Moudden is a practicing Naturopath, Head of Education for Enzyme Science UK and Europe, Contributing Editor to IHCAN, and Director of Digestive Research Group.

This webinar covers:

- The gallbladder enzyme relationship
- Signs and signals of gallbladder problems
- Gallbladder therapeutics

The gallbladder plays a significant role in digestive, hormonal, and cardiovascular health. The gallbladder facilitates enzyme activity, and problems affecting it can be easily missed. A history of gallstones, gallbladder sludge, a missing gallbladder, bile reflux, or reactions to oxalates can indicate a fat digestion issue, others may present with cholesterol imbalance, hormonal dysregulation, energy problems, appetite issues. This webinar will cover all things gallbladder health, and the enzymes that can be used to support clients with gallbladder problems.

We have the recording of this live event ready for you in the [\*\*BANT Learning Zone\*\*](#) library, *Digestion and Microbiome Category*.

## **Gut Detective: Unlocking Deeper Clinical Insights with Biomarkers and Food Sensitivity Testing in Partnership with [CNSLab](#)**

As practitioners, we know that gut health plays a pivotal role in overall wellbeing—but understanding the full picture often requires more than just patient symptoms and standard tests. That's where the power of combining gut biomarkers with food sensitivity testing comes in. Join Anna Pugh BSc Hons, BSc Nutritional Science, MBANT, CNHC and Dr Nigel Abraham, PhD, FIBMS, FRSM as they explore how integrating the advanced diagnostics of gut biomarkers with food sensitivity testing can reveal underlying imbalances, from inflammation and permeability issues to digestive dysfunction and immune responses.

By identifying specific biomarkers and pinpointing individual food triggers, you'll be equipped to design truly personalised, data-driven therapeutic protocols. Whether you're working with chronic digestive issues, autoimmune conditions, or complex cases of fatigue and inflammation, this approach can help you move beyond guesswork—towards more precise and effective care.

We have the recording of this live event ready for you in the [\*\*BANT Learning Zone\*\*](#) library, *Digestion and Microbiome Category*.

These webinars are brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.

For any enquiries, please email Clare at [clare.grundel@bant.org.uk](mailto:clare.grundel@bant.org.uk).

Best wishes,  
The BANT Webinar Team

This email is sponsored by:



Leyla El Moudden is a practising Naturopath, Head of Education for Enzyme Science UK and Europe, Contributing Editor to IHCAN, and Director of Digestive Research Group.

### **Leyla El Moudden**



**Anna Pugh**  
**BSc Hons, BSc Nutritional  
Science, MBANT, CNHC**

Anna is a registered nutritional therapy practitioner with a degree in Nutritional Science from the University of West London (2011). She specialises in autoimmunity, CFS, energy nutrition and with a particular interest in skin conditions. Regular visiting lecturer at the University of Hertfordshire on their Postgraduate Dermatology programme. Previous experience includes nutritional education in schools and the community, running a successful practice, working for Nuffield Health and freelancing for the construction industry. 3 ½ years in current role as nutritional therapy practitioner at Omega Diagnostics Ltd focusing on diagnostic test interpretation.



Dr Nigel Abraham is a leading Biomedical Scientist and Scientific Director at Omega Diagnostics, with over 25 years of experience in immunology and functional medicine. A Fellow of both the Institute of Biomedical Science and the Royal Society of Medicine, he is an expert in allergy, food sensitivity, and functional medicine diagnostics. Dr Abraham is also a respected lecturer and researcher, known for translating complex science into practical, personalised healthcare solutions.

## Dr Nigel Abraham PhD, FIBMS, FRSM



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