

COMMON SIDE EFFECTS OF GLP-1 MEDICATIONS

Nausea

Vomiting

Diarrhoea

Constipation

Loss of muscle mass

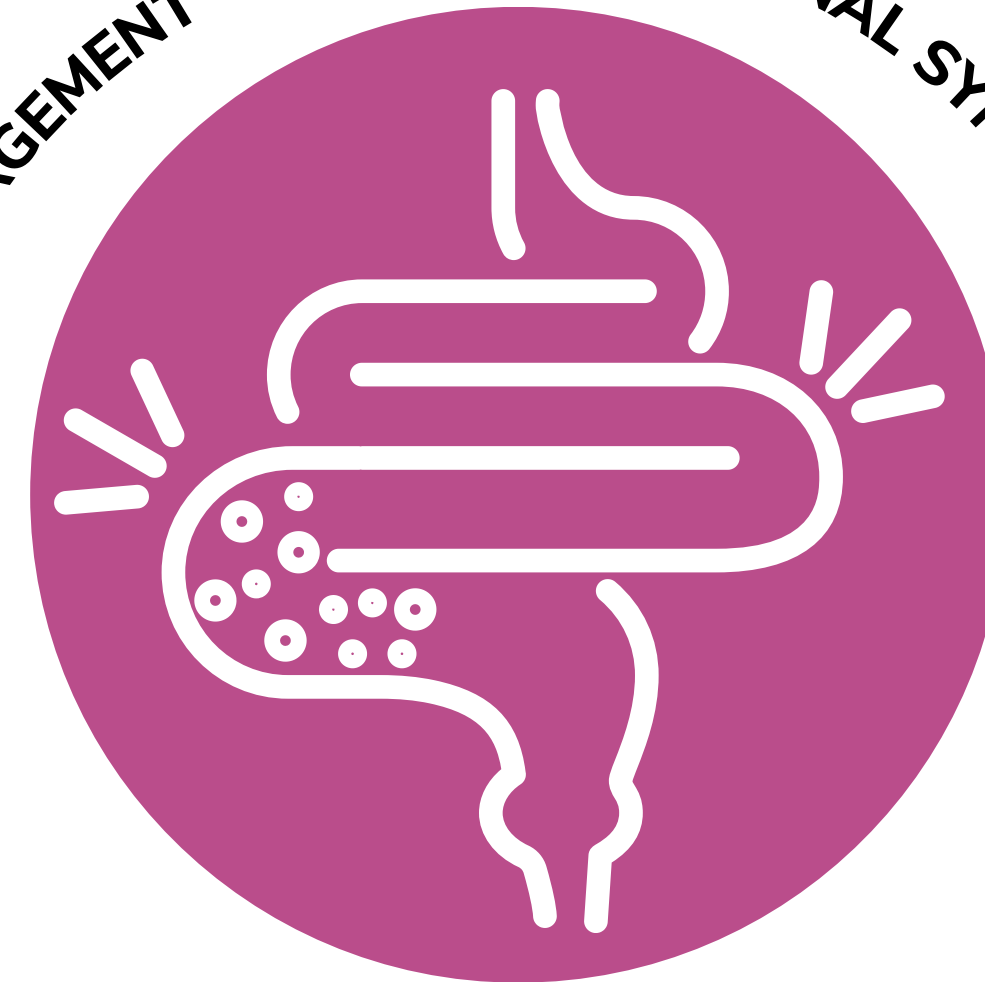
Loss of bone density

Nutritional deficiencies

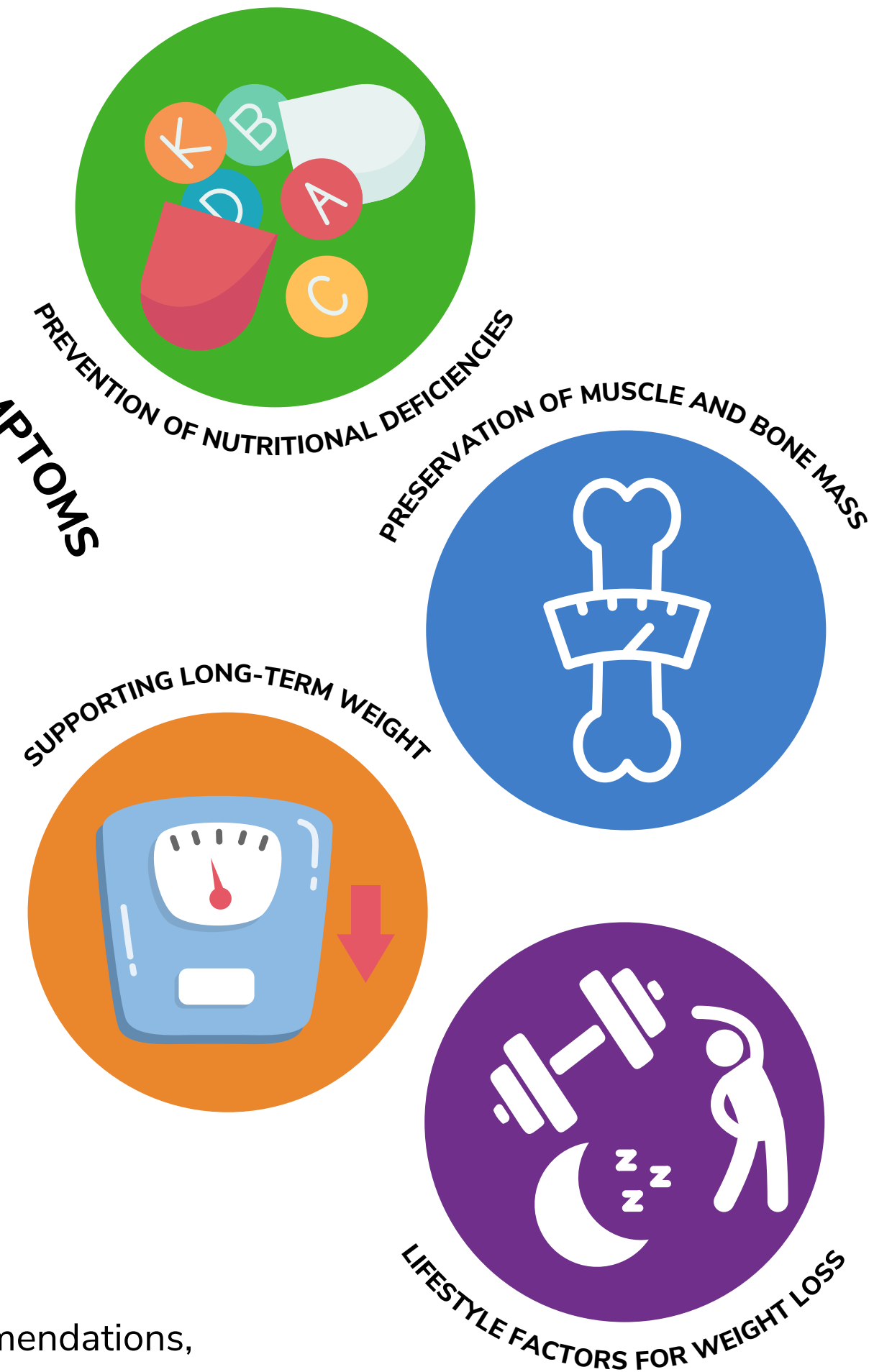
It is estimated that 80% of GLP-1 prescriptions are obtained privately. As a result, many people are not provided adequate wraparound care for safe and sustainable weight loss...



MANAGEMENT OF GASTROINTESTINAL SYMPTOMS



NUTRITION & LIFESTYLE WRAPAROUND CARE



...BANT members support individuals with nutrition and lifestyle recommendations, behaviour change, common symptoms, and optimising long-term health and wellbeing.