

September 2025 - Free and Live BANT Webinar with
Anna Pugh, Registered Nutritional Therapy
Practitioner MBANT and Nigel Abraham, Scientific
and Laboratory Director for CNSLab

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Gut Detective: Unlocking Deeper Clinical Insights with Biomarkers and Food Sensitivity Testing

**Free and Live BANT Webinar with Anna Pugh, Registered Nutritional
Therapy Practitioner MBANT and Nigel Abraham, Scientific and
Laboratory Director for [CNSLab](#)**

Hello there,

We are delighted to announce the next webinar in the BANT Webinar Partnership Programme. This month, we have education provided by [CNSLab](#). As practitioners, we know that gut health plays a pivotal role in overall wellbeing—but understanding the full picture often requires more than just patient symptoms and standard tests. That's where the power of combining gut biomarkers with food sensitivity testing comes in.

Join Anna Pugh BSc Hons, BSc Nutritional Science, MBANT, CNHC and Dr Nigel Abraham, PhD, FIBMS, FRSM as they explore how integrating the advanced diagnostics of gut biomarkers with food sensitivity testing can reveal underlying imbalances, from inflammation and permeability issues to digestive dysfunction and immune responses.

By identifying specific biomarkers and pinpointing individual food triggers, you'll be equipped to design truly personalised, data-driven therapeutic protocols. Whether you're working with chronic digestive issues, autoimmune conditions, or complex cases of fatigue and inflammation, this approach can help you move beyond guesswork - towards more precise and effective care.

Join Anna and Nigel on behalf of [CNSLab](#) on **Tuesday 16th of September 2025 from 12:00 - 13:00**. The webinar is free and exclusive to BANT members.

Book Your Place Here!

Please note: we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time. When registering, **please always include your BANT membership number** which is available from your BANT dashboard. This speeds up the approval process. **In future, any registration without a BANT number will be considered invalid.**

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For any enquiries, please email Clare at clare.grundel@bant.org.uk.

Best wishes,
The BANT Webinar Team

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The advertisement features the CNSLab logo at the top left. Below it, the text 'DISCOVER the NEW... Gut Biomarker Testing' is displayed. To the right, the phrase 'TRANSFORM your approach to DIGESTIVE HEALTH' is shown. Further right, a box titled '4 BIOMARKER Panels' lists four markers: Calprotectin, Secretory IgA, Alpha 1 Antitrypsin, and Pancreatic Elastase. A red banner in the top right corner says 'NEW'. At the bottom right, a note reads 'PROFESSIONAL USE ONLY'.

CNSLab

DISCOVER the NEW... Gut Biomarker Testing

TRANSFORM your approach to DIGESTIVE HEALTH

4 BIOMARKER Panels

Harness the power of gut biomarker testing to deliver in-depth, science-backed, personalised care — helping your clients thrive from the inside out

< Calprotectin < Alpha 1 Antitrypsin
< Secretory IgA < Pancreatic Elastase

PROFESSIONAL USE ONLY

NEW



Anna Pugh
BSc Hons, BSc Nutritional
Science, MBANT, CNHC

Anna is a registered nutritional therapy practitioner with a degree in Nutritional Science from the University of West London (2011). She specialises in autoimmunity, CFS, energy nutrition and with a particular interest in skin conditions. Regular visiting lecturer at the University of Hertfordshire on their Postgraduate Dermatology programme. Previous experience includes nutritional education in schools and the community, running a successful practice, working for Nuffield Health and freelancing for the construction industry. 3 ½ years in current role as nutritional therapy practitioner at Omega Diagnostics Ltd focusing on diagnostic test interpretation.



Dr Nigel Abraham
PhD, FIBMS, FRSM

Dr Nigel Abraham is a leading Biomedical Scientist and Scientific Director at Omega Diagnostics, with over 25 years of experience in immunology and functional medicine. A Fellow of both the Institute of Biomedical Science and the Royal Society of Medicine, he is an expert in allergy, food sensitivity, and functional medicine diagnostics. Dr Abraham is also a respected lecturer and researcher, known for translating complex science into practical, personalised healthcare solutions.



British Association for Nutrition and Lifestyle Medicine (BANT)

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