



BANT AGM 2025 in brief and other BANT In Action updates

Hello there,

The BANT AGM and NED Science Forum was held in-person at Royal Society of Medicine on the 13th of May 2025. The AGM is a great way to get involved with the profession and be part of what is happening in the dynamic world of nutrition. All BANT members are encouraged to listen to the recording, as it provides an update on the regulatory environment and important information on how BANT is raising awareness of nutritional therapy in communications. The NED Science Forum was themed The Battle of the Polyphenols and featured a keynote presentation by Prof Justin Roberts and a pitch for quercetin and olive-derived OliPhenolia. The second session explored the Art and Science of Nutritional Therapy and Lifestyle Medicine, including a passionate presentation by Clare Grundel about the Digestive Health Impact Study, currently ongoing, to assess the impact BANT member services are having on the digestive health of their clients.

Members can access BANT AGM recording on the [**BANT Website – Business Operations**](#). The recordings for the NED Science Forum will be available to all BANT members from 25 June in the [**BANT Learning Zone**](#), BANT Professional Category. Some of the highlights below.

BANT Members have played an intrinsic part in comms

2024 saw a wave of unity and action within our membership with members joining forces to lobby their MPs and call for greater prevention, AND a win this year to withdraw the Trade Mark for Food and Mood. *Thank you!*

BANT Secures NICE guideline amendment ensuring continuation of member's work in overweight and obesity management

NICE National Institute for Health and Care Excellence

April 2025: We changed the term "UKVRN registered nutritionist" administered by the Association for Nutrition to "registered nutritionist" in the sections on behavioural overweight and obesity management interventions for children and young people, dietary approaches, and on planning and commissioning interventions for all ages, and for children and young people.

BSLM Sustained Anti-Obesity Medications

BSLM, BANT & CSM Joint Statement: Anti-Obesity Medications

Anti-Obesity Medications Prepared by The Society of Lifestyle Medicine (BSLM), The Royal Society for Nutrition and Nutritional Metabolism (BANT) and the College of Medical and Dental Sciences (CSM)

Summary Call to Action We urge policy-makers, health care leaders and regulatory bodies to ensure that anti-obesity medications (AOMs) are available to those who need them. This is particularly important for those with metabolic conditions. We also call for resources for policy and public health, prioritised over medication-based support, which when used must be supervised by a Lifestyle Medicine expert named in the Summary Call to Action.

80,000 accredited practitioners available to bolster the NHS

So why isn't patients access nutrition advice as an integral part of NHS primary care? Health and care services are delivered by a mix of professionals and practitioners working in different settings. Some are registered with a professional regulator while others are not. Practitioners can however, voluntarily join a register or become a member of a professional association. This voluntary registration is not the same as being a member of a professional body. The regulator registers the individual against the professional body's standards and gets involved in setting professional standards and through oversight and audit, thus reducing the chance of harm, inconsistency and reduced clinical practice capacity to address health issues...

CLICK HERE

Student Tea Sessions:
-The Carnivore Diet
-Fasting as Medicine
-Suicide Awareness
-Bone Health
and many more

Digestive Health Research Study
Calling for BANT members to get involved!

Access EfficaSafe

IMPACT DATA

Professional Practice Handbook
multiple updates in 2025 including
Eating Disorder Guidelines
Mental Health Guidelines
Bariatric Surgery, Colostomy, Ileostomy and BANT Registered Nutritionists®

BANT | EVENTS

2025 CALENDAR

BANT AGM (MEMBERS ONLY)
TUESDAY 13 MAY 2025
IN PERSON, LONDON

NED SCIENCE FORUM
TUESDAY 13 MAY 2025
IN PERSON, LONDON

ADHD, NEURODIVERGENCE & SPECIAL FOCUS ON KETOGENIC DIETS
SATURDAY 28 JUNE 2025 VIRTUAL EVENT

LIVER HEALTH & DETOXIFICATION
SATURDAY 08 NOVEMBER 2025
VIRTUAL EVENT

CLICK HERE

Primary Care

External to Obesity register to include Registered Nutritional Therapy Practitioners, Registered Dietitians, and other healthcare professionals (HCPs) who work in the primary care setting. The latest Committee for Health and Social Care Information (CHSIC) report on the Primary Care Register of Health and Care Professions Council (HCPC) highlights the significant growth in the number of practitioners registered. This voluntary registration is not the same as being a member of a professional body. The regulator registers the individual against the professional body's standards and gets involved in setting professional standards and through oversight and audit, thus reducing the chance of harm, inconsistency and reduced clinical practice capacity to address health issues...

IT'S TIME FOR A PREVENTION-LED MODEL TO REBUILD THE NATION'S HEALTH: A CALL FOR CHANGE

BANT ELECTION MANIFESTO



BANT is the first organisation in the UK to partner with EfficaSafe and as part of your BANT membership benefits, you now have free (usually £156/year), unlimited access to EfficaSafe - a cutting-edge interaction database transforming evidence-based practice. EfficaSafe offers evidence-based clinical support via a comprehensive database covering thousands of drug-supplement interactions, using detailed monographs for drugs, herbs, and supplements and providing regular updates ensuring current, evidence-based information and much more.

Access AGM recording for full details on BANT Website - Business Operations

While BANT Managers and volunteers deliver many services to benefit members, the volunteer BANT Council is working hard on professional and regulatory matters. For example, BANT is a registered stakeholder with NICE, who set the standards for the treatment and management of health conditions in the UK. As part of BANT's ambition to see diet and lifestyle at the heart of national recommendations for the management of chronic disease, BANT Council members contribute regularly to NICE Consultations. In addition to the recently published Overweight and Obesity Guidelines, BANT has also responded to many other consultations, including the four set out below related to metabolic conditions. Find out more detail about the BANT responses at [BANT in Action page](#).

- Overweight and Obesity Management Quality Standards**

The quality standards underpin the Overweight and Obesity Guidelines published in January and help assess compliance against the standards. BANT response included a comment about the Eatwell Guide being a public health tool and should not be used as a clinical tool, particularly in support of those with metabolic health conditions.

- Indicators for Weight Management**

NICE consulted on its draft indicators in relation to weight management for a) Advise on people living with overweight 18-39 years, and b) Nutritional status monitoring in primary care following bariatric surgery. On point 'a', BANT response noted that BMI alone is not appropriate to identify those at risk; it is insufficient as it does not reflect body composition, and particularly central adiposity. BANT has since learned that the Committee did consider the use of an additional measurement of central obesity, however, it was excluded due to the consideration of the practicalities of implementation of such an approach.

- Polycystic Ovary Syndrome (PCOS) Guideline Scope**

NICE recently consulted on the draft scope for the development of a new guideline for PCOS. The scope for the guideline is based on the 2023 [Monash International Evidence Based Guideline](#). The response from BANT included points on managing insulin resistance, and infertility.

- **Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) Guideline Scope**

MASLD is the new name for NAFLD or non-alcoholic fatty liver disease, and once complete, this Guideline will replace the 2016 NAFLD Guideline. BANT made an extensive response to this draft scope covering multiple points on dietary and lifestyle modifications, lean MASLD, different diets, Eatwell Guide, fructose and non-nutritive sweeteners.

BANT Managers and Council, with the support of 120 volunteers continue to support initiatives that advance the reach of nutritional therapy and BANT members.

Finally, **Congratulations** to the new BANT Fellows and Honorary Fellows who continue to stand steadfast promoting and advancing the profession and those that have contributed to the profession in the past both in clinic and academia.

Fellow Members



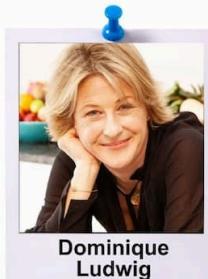
TC Callis



Sarah Green



Petronella
Ravonsear



Dominique
Ludwig

Honorary Fellow



Sue McGarrigle

Congratulations to our new BANT Fellow and Honorary Fellow Members!

The honour recognises their significant contributions to the nutritional therapy profession and the practise of nutritional therapy. They have all for years been vocal advocates of the profession, supporting and advancing integrative healthcare.



Patricia Daly



Ray Griffiths



Gloria Parfitt

Posthumous Honorary Fellows

Patricia, Ray and Gloria are missed by us all.

BANT Posthumous Honorary Fellowship is awarded to recognise their significant contribution to the nutritional therapy profession and the practise of nutritional therapy. They were advocates of the profession and advanced integrative healthcare and practice of nutrition and lifestyle medicine both academically and in clinical practice.

We look forward to you joining the initiative lead by BANT comms team to spread the word about our profession and standards and see you again next year at the AGM and NED Science Forum.

Have a lovely summer!

A handwritten signature in black ink.

Satu Jackson
CEO of BANT



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