



BANT AGM 2025 in brief and other BANT In Action updates

Hello there,

The BANT AGM and NED Science Forum was held in-person at Royal Society of Medicine on the 13th of May 2025. The AGM is a great way to get involved with the profession and be part of what is happening in the dynamic world of nutrition. All BANT members are encouraged to listen to the recording, as it provides an update on the regulatory environment and important information on how BANT is raising awareness of nutritional therapy in communications. The NED Science Forum was themed The Battle of the Polyphenols and featured a keynote presentation by Prof Justin Roberts and a pitch for quercetin and olive-derived OliPhenolia. The second session explored the Art and Science of Nutritional Therapy and Lifestyle Medicine, including a passionate presentation by Clare Grundel about the Digestive Health Impact Study, currently ongoing, to assess the impact BANT member services are having on the digestive health of their clients.

Members can access BANT AGM recording on the [BANT Website – Business Operations](#). The recordings for the NED Science Forum will be available to all BANT members from 25 June in the [BANT Learning Zone](#), BANT Professional Category. Some of the highlights below.

BANT Members have played an intrinsic part in comms

2024 saw a wave of unity and action within our membership with members joining forces to lobby their MPs and call for greater prevention, AND a win this year to withdraw the Trade Mark for Food and Mood. *Thank You!*

BANT Secures NICE guideline amendment ensuring continuation of member's work in overweight and obesity management

NICE National Institute for Health and Care Excellence

April 2025: We changed the term 'UKVRN registered nutritionist' administered by the Association for Nutrition to 'registered nutritionist' in the sections on behavioural overweight and obesity management interventions for children and young people, dietary approaches, and on planning and commissioning interventions for all ages, and for children and young people.



BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications



80,000 accredited practitioners available to bolster the NHS



Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care



BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

80,000 accredited practitioners available to bolster the NHS

Change the NHS - BANT calls for Nutritional Therapy Practitioners to work within Primary Care

BANT logo

BSLM, BANT & CoM Joint Statement: Anti-Obesity Medications

BANT | EVENTS

BANT AGM (MEMBERS ONLY)
TUESDAY 13 MAY 2025
IN PERSON, LONDON



ADHD, NEURODIVERGENCE & SPECIAL FOCUS ON KETOGENIC DIET
SATURDAY 28 JUNE 2025 VIRTUAL EVENT



2025 CALENDAR

NED SCIENCE FORUM
TUESDAY 13 MAY 2025
IN PERSON, LONDON



LIVER HEALTH & DETOXIFICATION
SATURDAY 08 NOVEMBER 2025
VIRTUAL EVENT



CLICK HERE

Digestive Health Research Study

Calling for BANT members to get involved!

Access EfficSafe



IMPACT DATA

Professional Practice Handbook

multiple updates in 2025 including
Eating Disorder Guidelines
Mental Health Guidelines
Bariatric Surgery, Colostomy, Ileostomy
and BANT Registered Nutritionists®

Access AGM recording for full details on BANT Website - Business Operations

While BANT Managers and volunteers deliver many services to benefit members, the volunteer BANT Council is working hard on professional and regulatory matters. For example, BANT is a registered stakeholder with NICE, who set the standards for the treatment and management of health conditions in the UK. As part of BANT's ambition to see diet and lifestyle at the heart of national recommendations for the management of chronic disease, BANT Council members contribute regularly to NICE Consultations. In addition to the recently published Overweight and Obesity Guidelines, BANT has also responded to many other consultations, including the four set out below related to metabolic conditions. Find out more detail about the BANT responses at [BANT in Action page](#).

• Overweight and Obesity Management Quality Standards

The quality standards underpin the Overweight and Obesity Guidelines published in January and help assess compliance against the standards. BANT response included a comment about the Eatwell Guide being a public health tool and should not be used as a clinical tool, particularly in support of those with metabolic health conditions.

• Indicators for Weight Management

NICE consulted on its draft indicators in relation to weight management for a) Advise on people living with overweight 18-39 years, and b) Nutritional status monitoring in primary care following bariatric surgery. On point 'a', BANT response noted that BMI alone is not appropriate to identify those at risk; it is insufficient as it does not reflect body composition, and particularly central adiposity. BANT has since learned that the Committee did consider the use of an additional measurement of central obesity, however, it was excluded due to the consideration of the practicalities of implementation of such an approach.

• Polycystic Ovary Syndrome (PCOS) Guideline Scope

NICE recently consulted on the draft scope for the development of a new guideline for PCOS. The scope for the guideline is based on the 2023 [Monash International Evidence Based Guideline](#). The response from BANT included points on managing insulin resistance, and infertility.

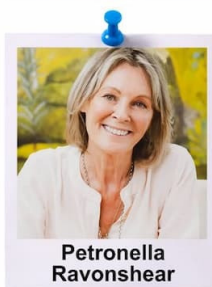
- **Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) Guideline Scope**

MASLD is the new name for NAFLD or non-alcoholic fatty liver disease, and once complete, this Guideline will replace the 2016 NAFLD Guideline. BANT made an extensive response to this draft scope covering multiple points on dietary and lifestyle modifications, lean MASLD, different diets, Eatwell Guide, fructose and non-nutritive sweeteners.

BANT Managers and Council, with the support of 120 volunteers continue to support initiatives that advance the reach of nutritional therapy and BANT members.

Finally, ***Congratulations*** to the new BANT Fellows and Honorary Fellows who continue to stand steadfast promoting and advancing the profession and those that have contributed to the profession in the past both in clinic and academia.

Fellow Members



Honorary Fellow

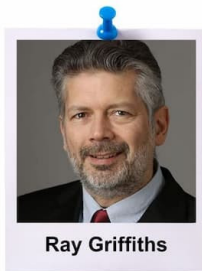


Congratulations to our new BANT Fellow and Honorary Fellow Members!

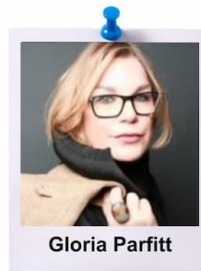
The honour recognises their significant contributions to the nutritional therapy profession and the practise of nutritional therapy. They have all for years been vocal advocates of the profession, supporting and advancing integrative healthcare.



Patricia Daly



Ray Griffiths



Gloria Parfitt

Posthumous Honorary Fellows

Patricia, Ray and Gloria are missed by us all.

BANT Posthumous Honorary Fellowship is awarded to recognise their significant contribution to the nutritional therapy profession and the practise of nutritional therapy. They were advocates of the profession and advanced integrative healthcare and practice of nutrition and lifestyle medicine both academically and in clinical practice.

We look forward to you joining the initiative lead by BANT comms team to spread the word about our profession and standards and see you again next year at the AGM and NED Science Forum.

Have a lovely summer!

Satu Jackson
CEO of BANT



British Association for Nutrition and Lifestyle Medicine (BANT)

BANT, 27 Old Gloucester Road London, WC1N 3XX

www.bant.org.uk

Registered in England Number: 3333951

Registered address: 18 Hyde Gardens, Eastbourne, East Sussex, BN21 4PT

The information in this email, and any attachments, is confidential and may be legally privileged. It is intended solely for the addressee. Access to this email, and any attachments, by anyone else is unauthorized. If you are not the intended recipient, any disclosure, copying, distribution, or any action taken or omitted to be taken in reliance on it, is prohibited and may be unlawful. If you have received this email in error, please notify us immediately (by telephone or by return email) and destroy the message and all copies in your possession. Please note that [unsubscribing](#) from this list might mean that you might miss important messages for members. Contact us if you wish to change your preferences.

[Unsubscribe](#)

© 2025 | All rights reserved.