

May 2025- Free and Live BANT Webinar with Ed Tooley, Performance Nutritionist and Nigel Abraham, Scientific and Laboratory Director for CNSLab

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## **The Value of Food IgG Testing in Athletic Performance**

**Free and Live BANT Webinar on Friday 16th of May 2025 from 12:00 – 13:00 with Ed Tooley, Performance Nutritionist and Nigel Abraham, Scientific and Laboratory Director for CNSLab**

Hello there,

We are delighted to announce the next webinar of 2025 in the BANT Webinar Partnership Programme. This month, we have education provided by [CNSLab](#). Ed Tooley, experienced Performance Nutritionist and Dr Nigel Abraham will explore the response of the gut to exercise and how food specific IgG antibodies can be used when working in this area. They will dive into intestinal permeability, inflammation, body composition and more in sport and exercise, including elite sport. Brought to life with case studies from Ed's experience with World Cup Rugby and Olympic athletes.

Join Ed and Nigel on behalf of [CNSLab](#) on **Friday 16th of May 2025 from 12:00 - 14:00**. The webinar is free and exclusive to BANT members.

### Book Your Place Today

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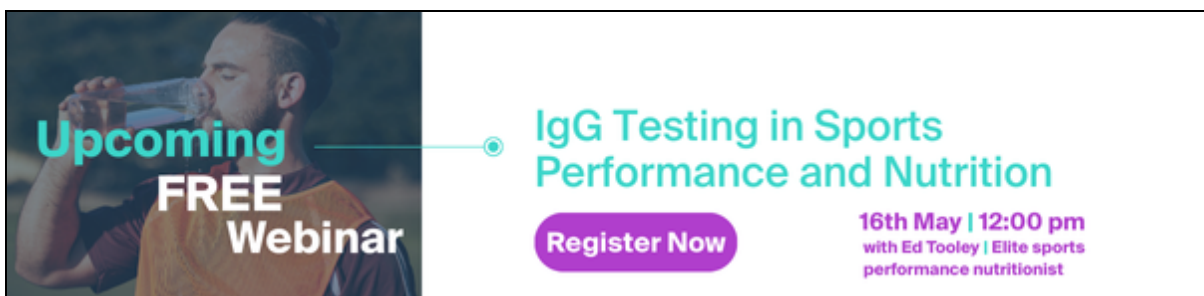
**Please note:** we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time. When registering, **please always include your BANT membership number** which is available from your BANT dashboard. This speeds up the approval process. **In future, any registration without a BANT number will be considered invalid.**

All BANT webinars are recorded and made available after the live event in the BANT Learning Zone, accessible through your BANT Dashboard.

For any enquiries, please email Clare at [clare.grundel@bant.org.uk](mailto:clare.grundel@bant.org.uk).

Best wishes,  
The BANT Webinar Team

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The banner features a background image of a male athlete in an orange sports jersey drinking from a clear water bottle. On the left, the text 'Upcoming FREE Webinar' is displayed in white and teal. A teal line with a dot points from this text to the main title 'IgG Testing in Sports Performance and Nutrition' on the right. Below the title is a purple 'Register Now' button. To the right of the button, the date and time '16th May | 12:00 pm' are shown in purple, followed by the speaker's name 'with Ed Tooley | Elite sports performance nutritionist' in a smaller purple font.

**Upcoming  
FREE  
Webinar**

**IgG Testing in Sports  
Performance and Nutrition**

**Register Now**

**16th May | 12:00 pm**  
with Ed Tooley | Elite sports  
performance nutritionist



## Ed Tooley

Ed Tooley is an experienced Performance Nutritionist with over 16 years working with multiple international and professional teams and athletes including two World cups with England Rugby League as well as 2 Olympic cycles with Jordan Taekwondo. Experienced in implementing high performance strategy, developing top level athletes, supporting world class coaches and coaching teams in elite winning environments.



## Dr Nigel Abraham

Dr Abraham is the lead Researcher for Omega Diagnostics in Food Allergy & Sensitivity. He is a state registered developmental Biomedical Scientist, specialising in immunology and functional medicine. Trained originally in pathology at St. Georges Medical School, London and went on to study Immunology at the University of Surrey.

Qualified for FIBMS in Haematology, MSc in Immunology for disease control and PhD in Cellular allergy & allergic mediators.

A specialist in allergy and food sensitivity and has been involved in extensive post doctoral research in the field of chemical mediators of allergic disease and IgG mediated inflammatory mechanisms.

A Fellow of the Institute of Biomedical Science and a chartered scientist. A Fellow of the Royal Society of Medicine.

A lecturer at several universities as well as regularly holding seminars and presentations as part of the continuing professional development for practitioners. Has been involved in many research projects and published a number of scientific papers.

Specialties: One of the most experienced and well-known Functional Medicine professionals in the UK. Lecturer in Allergy

& Food Sensitivity, Salivary Hormones,  
Digestive Pathology.



British Association for Nutrition and Lifestyle Medicine (BANT)

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