

## Hi there, Post-Infectious IBS: The Emerging Viral Connection - BANT Webinar Partnership Programme in partnership with York Test

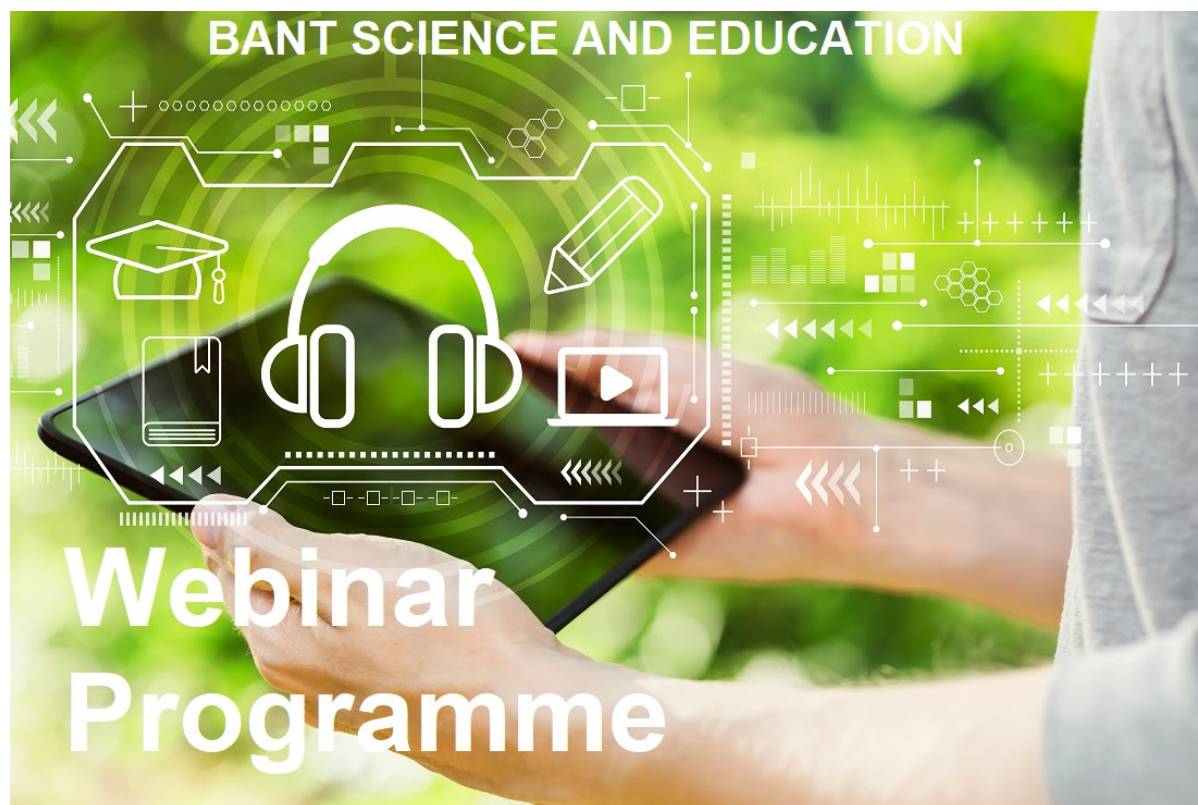
1 message

**BANT Webinars** <bantnews@bant.org.uk>  
To: Melanie de Grooth <melaniedegrooth@gmail.com>

25 March 2025 at 11:39

March 2025 BANT Webinar

[No images? Click to view email online](#)



### March 2025 BANT Webinar

#### Post-Infectious IBS: The Emerging Viral Connection

Hello there,

BANT Webinar Partnership Programme in partnership with [York Test](#).

Catch up on the recent webinar on offer exclusively to members of BANT. We have the recording of the live event provided in partnership with [York Test](#) which took place this month, ready for you in the [BANT Learning Zone](#) library, *Digestion and Microbiome Category*.

Featuring Jan Clementson from [Boundless Energy](#), author of The Energy Solution, presenting on behalf of [York Test](#) on post-infectious IBS and the emerging connection with viral infection.

This webinar explores:

- The emerging role of viral vectors in IBS
- Common risk factors and susceptible groups to help with identifying potential cases
- Current understanding of the pathophysiology, alongside key symptoms
- Diagnostic methods, including the use of standard GP blood tests, food intolerance testing and functional gut testing
- A case history utilising the functional medicine approach and functional testing to help identify this condition
- Potential natural therapeutics to help address the symptoms including key dietary and lifestyle changes, supplement options and potential psychological interventions.

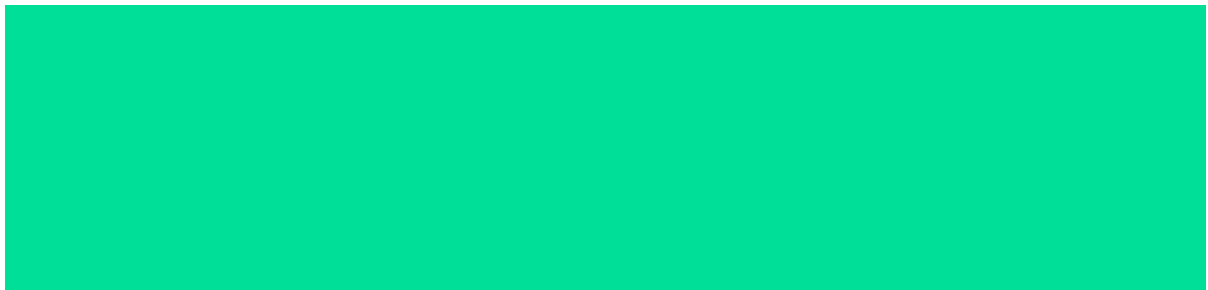
The webinar is now live and exclusive to BANT members in the [Learning Zone](#). You will find it in the *Digestion and Microbiome* category.

This webinar is brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.

For any enquiries, please email Clare at [clare.grundel@bant.org.uk](mailto:clare.grundel@bant.org.uk).

Best wishes,  
The BANT Webinar Team

This email is sponsored by:





## Jan Clementson

**Website:** [www.boundless-energy.co.uk](http://www.boundless-energy.co.uk)

**Email:** [info@boundless-energy.co.uk](mailto:info@boundless-energy.co.uk)

**Facebook:** [BoundlessEnergyNutrition](https://www.facebook.com/BoundlessEnergyNutrition)

**Instagram:** [JanClementson](https://www.instagram.com/JanClementson)

**Book:** [Amazon](#) | [The Energy Solution](#) | [Jan Clementson](#)

Jan is an experienced nutritionist, health lecturer and author of *The Energy Solution*; specialising in sensitivities and allergies to food, mould, viral and other environmental triggers. Driven by her own struggles with debilitating joint pain, fatigue and IBS-type symptoms caused by such sensitivities, she immersed herself in the study of nutrition to unravel the scientific complexities and transform her health with dietary and lifestyle changes.

Acting as a guiding light for those navigating similar health challenges, Jan helps people grappling with the myriad of symptoms related to food, mould, viral and other environmental sensitivities (including fatigue, joint pain, gastrointestinal issues, skin problems, cognitive and respiratory symptoms) reclaim their vitality and achieve lasting wellness.



British Association for Nutrition and Lifestyle Medicine (BANT)

BANT, 27 Old Gloucester Road London, WC1N 3XX

[www.bant.org.uk](http://www.bant.org.uk)

Registered in England Number: 3333951

Registered address: 18 Hyde Gardens, Eastbourne, East Sussex, BN21 4PT

The information in this email, and any attachments, is confidential and may be legally privileged. It is intended solely for the addressee. Access to this email, and any attachments, by anyone else is unauthorized. If you are not the intended recipient, any disclosure, copying, distribution, or any action taken or omitted to be taken in reliance on it, is prohibited and may be unlawful. If you have received this email in error, please notify us immediately (by telephone or by return email) and destroy the message and all copies in your possession. Please note that **unsubscribing** from this list might mean that you might miss important messages for members. Contact us if you wish to change your preferences.

[Unsubscribe](#)

© 2025 | All rights reserved.