

April 2025 - Free and Live BANT Webinar with
Megan Rossi on behalf of SMART STRAINS

[No images? Click to view email online](#)



BANT®

Science-based nutrition
practice since 1997



**The Probiotic Puzzle: Separating Fact from Fiction for our
Client's Gut Health**

**Free & Live BANT Webinar with Megan Rossi on behalf of
SMART STRAINS**

Hello there,

PLEASE NOTE: the date of this webinar has changed. If you have already signed up, there is no need to sign up again. Your original registration is valid.

We are delighted to announce the next webinar of 2025 in the BANT Webinar Partnership Programme. This month, we have education provided by Dr Megan Rossi who will unravel the complexities of probiotics, drawing on insights from her award-winning PhD, over 15 years of clinical practice, and international probiotic guidelines. She will clarify common myths, address client confusion in the supplement aisle, and present the latest scientific evidence on the role of live bacteria in gut health.

Join Megan on behalf of **SMART STRAINS** on **Monday 28th of April 2025 from 12:00 -13:00**. The webinar is free and exclusive to BANT members.

Book Your Place Here!

Please note: we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time. When registering, **please always include your BANT membership number** which is available from your BANT dashboard. This speeds up the approval process. **In future, any registration without a BANT number will be considered invalid.**

For any enquiries, please email Clare at clare.grundel@bant.org.uk.

Best wishes,
The BANT Webinar Team

This email is sponsored by:



SMART STRAINS®
Clinically proven live bacteria

SMART STRAINS®
for your immune system

SMART STRAINS®
for when you're on antibiotics

SMART STRAINS®
for your vaginal microbiome

SMART STRAINS®
for heavy bloating

Formulated by
The Gut Health Doctor®

NEW

Dr. M. Rossi

[Click here](#) to explore our website for Healthcare Professionals

UK-SMS-2500026 | Feb 2025



Dr Megan Rossi, founder of The Gut Health Doctor®, is one of the most influential gut health specialists internationally, and a leading Research Fellow at King's College London. A clinician for fifteen years, Dr Megan has an award-winning PhD in Probiotics, which was recognised for its contribution to science, receiving the Dean's Award for outstanding research.

Dr Megan Rossi established the Gut Health Clinic in 2019, where she leads a team of gut-specialists, working directly with clients in their face-to-face clinics in London and Manchester, alongside delivering virtual consultations to an international clientele.

Megan Rossi, The Gut Health Doctor®

Website: <https://www.theguthealthdoctor.com/>

X:

<https://x.com/TheGutHealthDoc>

Facebook: <https://www.facebook.com/theguthealthdoctor/>

Instagram: <https://www.instagram.com/theguthealthdoctor/>

Books: <https://www.theguthealthdoctor.com/books>

She is also the founder of the multi-award-winning gut health food brand, Bio&Me, which aims to bridge the gap between science and the food industry and most recently, launched a targeted range of clinically-proven live bacteria supplements, SMART STRAINS® to revolutionise how people understand and use live bacterial supplements.

Megan is also the author of multiple Sunday Times bestselling books, including her most recent, Eat More, Live Well (UK, Aus & Europe) and How To Eat More Plants (US & Canada).



British Association for Nutrition and Lifestyle Medicine (BANT)

BANT, 27 Old Gloucester Road London, WC1N 3XX

www.bant.org.uk

Registered in England Number: 3333951

Registered address: 18 Hyde Gardens, Eastbourne, East Sussex, BN21 4PT

The information in this email, and any attachments, is confidential and may be legally privileged. It is intended solely for the addressee. Access to this email, and any attachments, by anyone else is unauthorized. If you are not the intended recipient, any disclosure, copying, distribution, or any action taken or omitted to be taken in reliance on it, is prohibited and may be unlawful. If you have received this email in error, please notify us immediately (by telephone or by return email) and destroy the message and all copies in your possession. Please note that **unsubscribing** from this list might mean that you might miss important messages for members. Contact us if you wish to change your preferences.

[Unsubscribe](#)

© 2025 | All rights reserved.