



# BANT<sup>®</sup>

Science-based nutrition  
practice since 1997

## Why Join BANT?

### GOLD STANDARD

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#### Nutritional Therapy Profession Founder Organisation

Established in 1997 as the British Association of Nutritional Therapists, BANT, now known as British Association for Nutrition and Lifestyle Medicine, is an established and recognised founder organisation for Nutrition Practitioners. Nutritional Therapists achieve their professional standards through NTEC accredited qualifications and are registered with CNHC under Professional Standards Authority (PSA).

### REGULATION

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#### Protecting the Profession for 28 Years and Counting

BANT is in continuous discussions with variety of influencers and stakeholders varying from government to regulatory and professional organisations, to advance and secure the standing of the Nutrition and Lifestyle Medicine profession. BANT regularly submits and has published, responses to Government consultations.

### MISSION

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#### BANT Aim: For BANT Members to be the 'go to' practitioners for Nutrition and Lifestyle Medicine.

BANT supports members' professional standing through variety of tools and services including Nutrition Evidence Database, CPD, GP Toolkit and much more.

### PUBLICITY

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#### Promoting the Profession and BANT Members

Dedicated team focused on promoting the profession and its members to the general public via the traditional and social media. BANT members featured on and in Channel 5, ITV, Channel 4, Telegraph, The Times, amongst others.

### PROFESSIONAL DEVELOPMENT

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#### Supporting Members' Continued Professional Development (CPD)

Free BANT produced webinars; heavily subsidised BANT Events; BANT dedicated Learning Zone; rigorously evaluated external provider CPD offerings. Bespoke, online CPD logging system linked direct to CNHC. 30 hours CPD requirement aligned to HCPC professions.

### PRACTITIONER SUPPORT

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#### Unrivalled Practitioner Support

Free guidance and support on professional practice issues – GDPR, ethical and safety queries. Professional Practice includes information to help practitioners practice safely, legally and ethically and provides guidance and advice on the practice of nutritional therapy.

### EVIDENCE BASED PRACTICE

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#### Promoting Excellence in Professional Practice

Free access via BANT to Efficasafe and the Natural Medicine's Database as well as BANT's own Nutrition Evidence Database with nutrition and lifestyle focused studies enhanced by expert reviewers to align with the functional medicine matrix.

### NETWORKING

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#### Unparalleled Peer Interaction and Networking

With over 3,000 members throughout the country and abroad, BANT offers unparalleled opportunities for peer interaction, networking and support via its Local Network community (UK and international), BANT Accredited Professional Supervision via CPD UK and a member only social media forum.

### MEMBER BENEFITS

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#### Additional Value for Money

In addition to all of the member benefits listed above, BANT works with external organisations to offer members a range of discounts and offers to suit most requirements, including supplements, webinars, conferences, leisure, memberships etc.

### EFFICIENT SERVICE

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#### A Wonderful Team

BANT offers all the above (and more) thanks to 9 volunteer directors, 1 full-time and 5 part-time managers and an army of the most amazing member volunteers. BANT members are welcome to contact BANT with any of their professional and membership queries and this amazing team of people will endeavour to respond within 24 hours.