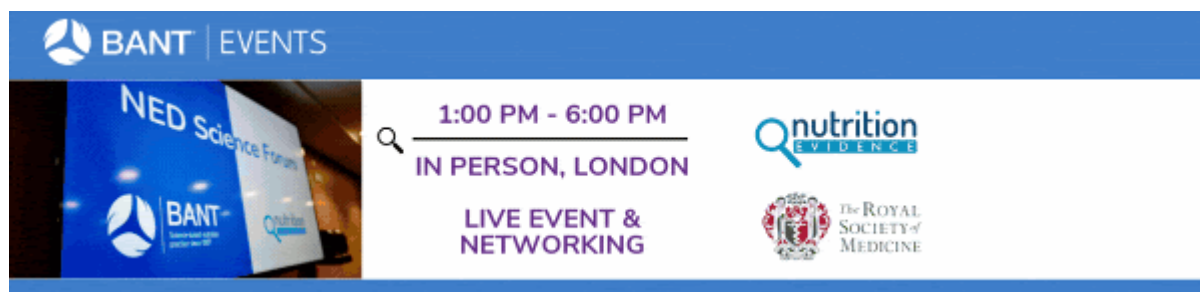


NED Science Forum 2025 - Polyphenols and the Art
and Science of Nutritional Therapy and Lifestyle
Medicine

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Grab Your Tickets! Tuesday 13 May 2025 from 13:00 - 18:00 for the NED Science Forum in person in London

Hello there,

BANT and the NED Editorial Board are delighted to announce this year's exclusive NED Science Forum. Join us for presentations, networking, debate and discussion on polyphenols and the art and science of nutritional therapy and lifestyle medicine, including:

- Keynote address by Prof Justin Roberts, NED Editor in Chief, on the role of polyphenols in human health and nutritional therapy practice, followed by polyphenol 'pitches' from industry scientists and panel debate and discussion.
- Can you pick a polyphenol winner, based on the strength of the evidence? Join in a lively debate on polyphenols and decide whether one stands out from the crowd for you. We will discuss the effects of different polyphenols, engage in the food v. supplementation dichotomy and conclude with a polyphenol winner. With prizes!
- The afternoon continues with a series of presentations on the art and science of nutritional therapy and how BANT nutritional therapy practitioners skillfully embrace both. Leading with a headline address from Tanya Borowski and including exclusive access to interim data from the BANT 2025 IBS impact study.
- At 17:00, we will adjourn to the Cavendish Room for a gala hour with polyphenol-rich wine and berry cocktails. A great way to nourish your body and soul following an afternoon of feeding your brain.

We expect tickets to sell fast so don't hang about. Secure yours now!

Buy Your Ticket Now!

Confirmed Speakers:



**Professor Justin Roberts,
NED Editor-in-Chief**



**Tanya Borowski, Women's Health
and Hormone Specialist**



**Ben Brown, ND, Founder and
Director of the Nutritional Medicine
Institute and Consultant for
Pure Encapsulations**



Dr Michelle Barrow, NED Editor



**BANT Science and Education
Manager, NED Managing Editor**

More speakers to be announced. Check the [ticket page](#) on a regular basis for updates.

With many thanks to our sponsors:



The NED Science Forum is preceded by the BANT AGM 10:30-12:15 at the Royal Society of Medicine. Come along and take part in your profession. Tickets available [here](#).



British Association for Nutrition and Lifestyle Medicine (BANT)

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