



**BANT®**

Science-based nutrition  
practice since 1997



**BANT® | EVENTS**

**THYROID HEALTH**



**BANT®**  
APPROVED CPD ✓



**SATURDAY 01 MARCH 2025**

**IN PERSON, GUILDFORD & VIRTUAL**

**(HYBRID EVENT)**

FOR INFORMATION ON ALL UPCOMING BANT EVENTS →



## **BANT Thyroid Health Event - 01 March 2025** **Early Bird until end December**

Hello there,

Join us in-person in Guildford, Surrey OR online for our first event of the year focused upon thyroid health, including the dietary, supplementation, functional testing and lifestyle approaches relevant for subclinical hypo and hyperthyroidism, Hashimoto's and Graves'.

**Until end-December only we have early bird ticket specials!**

- Early Bird online tickets are £20, then becoming £25
- Early Bird in-person tickets are £45, then becoming £65

**[Buy Your Ticket Now!](#)**

### **Event Highlights Include:**

- 5 Hours BANT-Approved CPD plus multiple Bonus Live sessions with our event partners, most of which you can also use as CPD
- Event goodie bag for all in-person joiners
- All Livestream content is recorded + all ticket holders receive access to recordings and presentation materials within 48 hours
- Before, during and after 01 March a Facebook Group community will provide event resources, Q&A and special offers, exclusive to ticket holders.

- Event partners will be exhibiting in person in Guildford AND also delivering Bonus Live sessions, so virtual joiners get to meet them too and benefit from any special offers

## Confirmed Speakers and Partners:

- [Tanya Borowski](#) and [Dr Shandeep Momi](#) are confirmed speakers, with 1-2 further speakers to be confirmed very soon.
- [YourHealthBasket](#) are a Platinum partner and will be handing out goodie bags to those attending in person and the popular [YourGutMap](#) returns as a Silver partner.
- More speaker and partner details to follow soon as we enjoy preparing this wonderful event for you!

**[Buy Your Ticket Now!](#)**

## Save the Dates for our 2025 Events!

We have 4 total events in 2025, and you can find them all on our [2025 Event Page](#) for further details and save the dates?



British Association for Nutrition and Lifestyle Medicine (BANT)

BANT 27 Old Gloucester Road London, WC1N 3XX

[www.bant.org.uk](http://www.bant.org.uk)

Registered in England Number: 3333951

Registered address: 18 Hyde Gardens, Eastbourne, East Sussex, BN21 4PT

The information in this email, and any attachments, is confidential and may be legally privileged. It is intended solely for the addressee. Access to this email, and any attachments, by anyone else is unauthorized. If you are not the intended recipient, any disclosure, copying, distribution, or any action taken or omitted to be taken in reliance on it, is prohibited and may be unlawful. If you have received this email in error, please notify us immediately (by telephone or by return email) and destroy the message and all copies in your possession.

Please note that [unsubscribing](#) from this list might mean that you might miss important messages for members. Contact us if you wish to change your preferences.

[Unsubscribe](#)

© 2024 | All rights reserved.