



Time for a Prevention-led model to rebuild the Nation's Health

BANT 2024 Election Manifesto – A call for change!

Hello there,

As UK voters prepare to go to the polls, BANT is launching its election manifesto and calling on all parties to place nutrition and preventative healthcare at the heart of their pledges to the UK population.

Read the full manifesto

As those of us working within nutrition and lifestyle medicine know, and as BANT CEO Satu Jackson states in the manifesto, “The health of the nation is dire. It is time to focus on prevention and harness the existing workforce of nutrition professionals to make a real difference in the nation’s health crisis”.

BANT has published a five-point manifesto urging decisive action to future-proof the NHS. GPs are facing a growing stream of chronically ill patients. The obvious solution is to bring Registered Nutritional Therapy Practitioners into primary care where they would ease the burden on surgeries, free-up resources currently tied to the care of chronic conditions, and allow for better outcomes in acute and critical care.

As you will have seen over the past few years, BANT is also passionate about the UK food environment. Following in the footsteps of our ‘Food for your Health’ initiatives, we are calling to improve the severely outdated and under-funded Eatwell Guide, alongside taking measures to reform food labelling and restrict ultra-processed foods and drinks (UPFDs), in a collective effort to create a food environment for good health.

If there is one tried and tested way to ‘treat’ symptoms exacerbated by poor diet, it is by improving how we eat.

A general election provides parties with the unique opportunity to mark a transition in public health policy, with a focus on a prevention-led model. It is time for change!

Get involved. Help BANT share the manifesto by following us on [LinkedIn](#). Repost to your socials. Send it to your local MP. Campaign with BANT for a prevention-led model.

[Read the full manifesto](#)



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