



# BANT®

Science-based nutrition  
practice since 1997

**Healthspan & Aging Optimally**  
VIRTUAL - 29 JUNE

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**pure**  
encapsulations®  
Professional Nutrition Supplements

**Lifecode GX®**  
— Professional Genotype Analysis —

**Professor Rose Anne Kenny**

**Emma Beswick**

**Lorraine Nicolle**

**BANT | EVENTS**

## BANT June Event (Virtual) - Healthspan and Aging Optimally

Hello there,

Join us online on Saturday 29 June 2024 for a deep dive into healthspan and optimal ageing. This event will cover the latest research and theory with a strong emphasis on science-based tools and tips for use in clinical practice.

Professor Rose Anne Kenny will bring us up to date with the latest research into healthspan with highlights on demographic changes and implications for clinical practice, key biomarkers of ageing, what a holistic healthspan optimisation programme will include, and some practices we may well not already be thinking about.

Emma Beswick will present “Young Again: Lessons from Genetics”, covering genetics, gene expression, one-off testing, repeat testing, fertility markers, acting on test results, stages of ageing and epigenetic risk factors for chronic disease.

Lorraine Nicolle will walk us through “Healthspan Support in Action”, demonstrating through multiple casework examples how to support clients' cardiometabolic health, including dislipidemia, hypertension, insulin resistance and hyperhomocysteinemia.

**Buy Your Ticket Now!**

### Event Benefits Include:

- 4-5 Hours BANT-Approved CPD plus additional Bonus Live sessions with our event partners, most of which you can also use as CPD.
- Event goodie box for the first 75 tickets (with UK mailing addresses) - act quick to secure yours!

- We have 3 x 3 month Healthpath Pro subscriptions to give away, available to both new and existing customers - these will be given away via a competition during the 29 June live sessions.
- All Livestream content is recorded + all ticket holders receive access to recordings and presentation materials.
- Before, during and after 29 June, there will be a Facebook Group community for event resources, Q&A and special offers, exclusive to ticket holders.
- On the day, the 'special session' we always run will be strongly healthspan related, and just for you to enjoy.

**Buy Your Ticket Now!**

## Sponsors and Exhibitors



Our event partners contribute additional Bonus Live sessions, special offers and sometimes goodies for the goodie box.

Thank you to Platinum sponsors [Lifecode Gx](#) and [Pure Encapsulations](#), Gold Sponsors [Biocare](#) and [Cell-Logic](#) and Silver sponsor [Healthpath Pro](#).

**Buy Your Ticket Now!**



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