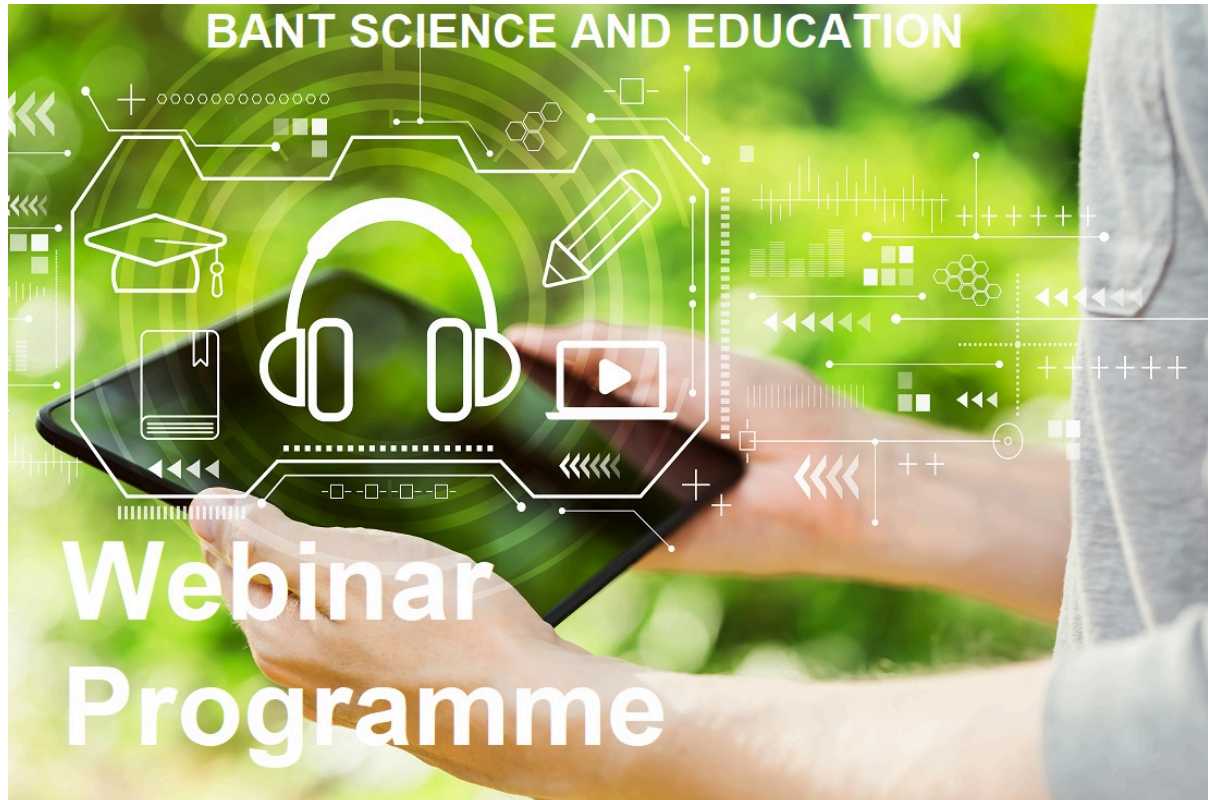




BANT[®]

Science-based nutrition
practice since 1997



April BANT Webinars 2024

Hello there,

This month, we have 3 new webinars added to the BANT Learning Zone library! We hope you enjoy them.

Veri

We are delighted to announce 2 webinars from [Veri](#). Veri offer continuous glucose monitors and an easy-to-use mobile app for insights into health. The Veri app combines glucose, food, sleep, and exercise data to help users better understand how food and lifestyle choices impact their physiology in real-time.

- **Part 1. State of Cardiovascular Disease and Metabolic Disease: A Bittersweet Tale**
- **Part 2. Understanding CGM Data for Practitioners and Applications for Client Care**

Nouveau Healthcare

Catch up on the most recent webinar on offer exclusively to members of BANT. We have the recording of the live event which took part this month, ready for you in the BANT Learning Zone library.

This webinar forms part of the BANT Webinar Partnership Programme, this month in partnership with [Nouveau Healthcare](#).

- **Anti-histamine Intolerance**

These webinars are brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.

Best wishes, The BANT Webinar Team

This email is sponsored by:



Part 1. State of Cardiovascular Disease and Metabolic Disease: A Bittersweet Tale

Featuring Vimal Ramjee, MD, Cardiologist and Director of Health at Veri. Vimal explores the burden of metabolic disease globally and how dietary factors are both part of the problem and the solution.

This webinar covers:

- The epidemiology and current state of disease and chronic health conditions globally, to properly understand the context and be able to move forward
- Obesity, pre-diabetes, insulin resistance and diabetes risk factors and the burden of undiagnosed metabolic ill-health
- Dietary factors feeding the obesity and cardiovascular pandemics
- The complex food matrix that can drive better health outcomes



Vimal Ramjee, MD, Cardiologist and Director of Health at Veri

Vimal Ramjee is a cardiologist and health innovation leader working at the intersection of medicine, digital health technologies, and artificial intelligence algorithms. He has dedicated his career to improving health outcomes for people with cardiovascular and metabolic disease.

Caring for people in the epicenter of heart disease has inspired Dr. Ramjee to focus on solutions that leverage technology and AI-powered care delivery workflows to improve population outcomes. He advises on health technology implementation for the largest non-profit health system in the United States, and regularly engages with key stakeholders across the global healthcare value chain.

Part 2. Understanding CGM Data for Practitioners and Applications for Client Care

Featuring Emily Johnson, Registered Dietitian and Research Lead at Veri. Emily covers the use of CGMs, the research in relation to impact and how to navigate the Veri Practitioner Platform as a practitioner.

This webinar covers:

- What are CGMs and research supporting their use?
- The Veri app, Veri Practitioner Platform and how it works
- The highs and lows of blood glucose management

Part 1 and 2 are both now available exclusively for BANT members in the BANT Learning Zone. They are located in the Metabolism Category.



Emily Johnson, MS, RD, Research Lead at Veri

Emily holds a Master's degree in nutrition interventions, communication, and behavior change from Tufts University. Her background is in clinical nutrition research, health writing, advising, and consulting within the tech sector. At Veri, she serves as the health and nutrition expert for the team, ensuring that Veri's app features, marketing materials, and publications are backed by rigorous scientific research.

Anti-Histamine Intolerance

Featuring Dilkiran 'Dilly' Kular, the founder of [Nouveau Healthcare](#). Dilly explores histamine, demonstrating the extensive impact this neurotransmitter can have and the role it has as a solution to unlocking health potential.

This webinar covers:

- The good and bad of histamine and the role of histamine receptors
- Histamine functions in the body and the role that enzymes have to play
- The wide range of health conditions that involves histamine - and the role it plays
- The science supporting Zeolite and when and how to use it in clinical practice.

The webinar is now live and exclusive to BANT members in the Learning Zone. You will find it in the Hormone and Neurotransmitter category.



Dilkiran 'Dilly' Kular

Dilly is the founder of the innovative company Nouveau Healthcare. He has established himself as the go-to resource for all things Histamine and Vitamin D. With a hunger for information and a desire to understand allergies and allergic reactions better, he has built a wealth of knowledge that has empowered practitioners to implement functional protocols to detox the right way.



British Association for Nutrition and Lifestyle Medicine (BANT)

BANT, 27 Old Gloucester Road London, WC1N 3XX

www.bant.org.uk

Registered in England Number: 3333951

Registered address: 18 Hyde Gardens, Eastbourne, East Sussex, BN21 4PT

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