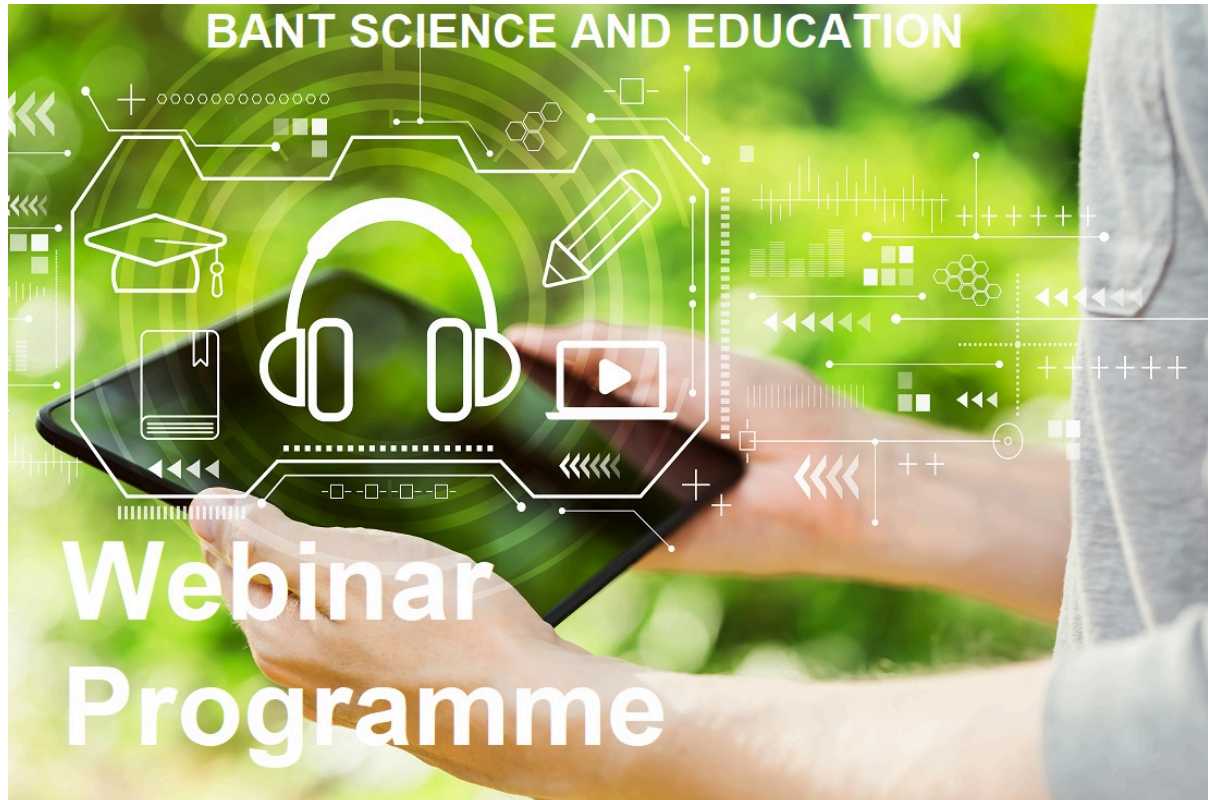




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Science-based nutrition  
practice since 1997



## March BANT Webinar 2024 - Double Bill

Hello there,

Catch up on the most recent webinars on offer exclusively to members of BANT. We have 2 recordings of live events which took part this month, ready for you in the BANT Learning Zone library.

### **BANT Webinar Partnership Programme from [Enzyme Science](#)**

#### **Enzymes and Gut Disorders**

Featuring Leyla El Moudden, Naturopath, Herbalist and Clinical Director for Enzyme Science UK. Leyla presents how to use enzymes in many and different ways in clinical practice for gut disorders, including IBS, candida and SIBO.

This webinar covers:

- The differences between systemic and digestive enzymes
- How enzymes work for different functional intestinal disorders
- How to use enzymes with different forms of elimination diet

The webinar is now live and exclusive to BANT members in the Learning Zone. You will find it in the Digestion and Microbiome category.

***This webinar is brought to you as part of the BANT Webinar Partnership Programme. All webinars are screened by the BANT CPD Committee to ensure a scientific basis for all claims made. BANT does not endorse or have affiliations with any product or service company. Funds raised by BANT as part of this programme are used to expand member benefits.***

## **BANT Webinar**

### **Ultra-processed Foods - The Science, the Perception and the Debate**

Featuring David Titman, Registered Nutritionist. David presents on the science of Ultra-processed Foods, the good and bad of classification systems, general public perceptions and the state of debate in public health institutions.

This webinar covers:

- The (recent) history of Ultra-processed Foods and increasing scientific interest
- Definitions and classifications of UPFs – the problems of interpretation
- UPFs and health – the current debate, including public perceptions
- 4 key questions that need to be addressed

This webinar is now live and exclusive to BANT members in the Learning Zone. You will find it in the General Nutrition and Lifestyle category.

Best wishes, The BANT Webinar Team

This email is sponsored by:



**Leyla El Moudden**



**David Titman**

Leyla is a Naturopath, Herbalist, Clinical Director for Enzyme Science UK and Contributing Editor for Integrative Healthcare & Applied Nutrition (IHCAN) magazine. She is a leading educator in the field of digestive and therapeutic enzymes.

David is a registered nutritionist (RNutr) and food scientist with multinational experience in advising the food sector. He takes creative, pragmatic approaches to working with companies in developing their responsible food strategies, which has led to significant positive change in charitable, commercial and educational settings.

As a regular university lecturer, he keeps closely up to date on the latest research in food and nutrition and with a third-degree black belt in karate, he spends much of his time away from nutrition, practising and teaching martial arts.



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