



Ultra-processed Foods - The Science, the Perception and the Debate

Free BANT Webinar on Monday 25th of March 2024 from 12.00 – 1.00pm with David Titman

Hello there,

We are delighted to announce a new, live webinar in the 2024 BANT Webinar Programme. This month, we have education provided by David Titman, Registered Nutritionist who will present on the science of Ultra-processed Foods, the good and bad of classification systems, general public perceptions and the state of debate in public health institutions.

Join David Titman, Registered Nutritionist on **Monday 25th of March 2024 from 12:00 - 13:00**. The webinar is free and exclusive to BANT members.

Book Your Place Today

Please note: we have to manually approve webinar registrations. Please be patient – you will receive a link to join the webinar in plenty of time before the live event. We are unable to guarantee approval of registrations if made within one hour of the start time.

All BANT webinars are recorded and made available after the live event in the BANT Learning Zone, accessible through your BANT Dashboard.

For any enquiries, please email Clare at clare.grundel@bant.org.uk.

Best wishes,
The BANT Webinar Team

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David Titman

David is a registered nutritionist (RNutr) and food scientist with multinational experience in advising the food sector. He takes creative, pragmatic approaches to working with companies in developing their responsible food strategies, which has led to significant positive change in charitable, commercial and educational settings.

As a regular university lecturer, he keeps closely up to date on the latest research in food and nutrition and with a third-degree black belt in karate, he spends much of his time away from nutrition, practising and teaching martial arts.



British Association for Nutrition and Lifestyle Medicine (BANT)

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