

Exclusive inaugural NED Science Forum hosted by
BANT

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Science-based nutrition
practice since 1997



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NED Science Forum

OPEN TO ALL BANT MEMBERS OR BY INVITATION ONLY



**Join us on Monday 13th May
from 16:30 - 20:30
at The Royal Society of Medicine**



**Don't miss the launch of this
exclusive event to support science-
based personalised nutrition and
lifestyle interventions!**



The **ROYAL**
SOCIETY of
MEDICINE



NED Science Forum - 13 May 2024

Hello there,

Exclusive inaugural NED Science Forum hosted by BANT with free tickets to BANT members and special guests. Join us for networking with light bites and coffee, followed by a debate and discussion on 'Blue Zones' and the future of nutrition science.



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Join our NED Panel & Guests

for networking, debate and discussion on 'Blue Zones' and the future of nutrition science



Prof. Justin Roberts
NED Editor-in Chief



Ben Brown
Nutritional Medicine Institute



Clare Grundel
NED Managing Editor

Keynote presentation by Prof Justin Roberts, NED Editor in Chief on **People in the world's 'blue zones' live longer – what are the lessons for us in the UK**, followed by Expert Panel debate and discussion lead by Ben Brown. Join this lively debate on how to live healthily to 100 and beyond! We will discuss the protective effects of 'blue zone' foods and nutrients, as well as lifestyle factors, that are contributing to exceptional longevity in these key locations around the world. And crucially, what is feasible within the UK context.

The evening continues with a presentation on the opportunities to become a published practitioner by Ben Brown, Editor of Nutritional Medicine Journal, and information on how to be part of a new BANT initiative to generate evidence of the impact of personalised nutrition practice by Clare Grundel, NED Managing Editor.

Included within the event:

- Light food and drinks for the first hour for networking with sponsors and fellow participants
- Opportunities to become a published practitioner
- Chance to prove the health impacts of your practice through a new peer-reviewed research study
- Time to ask questions of the BANT Council and NED Editorial Board

The event will run from 16:30 to 20:30, at the wonderful Royal Society of Medicine venue in Central London.

Book Your Ticket Now!

BANT wishes to extend grateful thanks to the sponsors listed below for supporting the event and advances in nutrition science.

NED Science Forum Sponsors



Professional Nutritional Supplements



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British Association for Nutrition and Lifestyle Medicine (BANT)

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