

- **1986** Nutrition Consultant's Association (NCA) forms as a professional body.
- **1992** The Society for the Promotion of Nutritional Therapy (SPNT) forms to promote nutritional therapy.
- **1997** BANT formed as the British Association of Nutritional Therapists.
- **1999** Formation of the Nutritional Therapy Council (NTC) to set common standards of education and training for nutritional therapy.
- **2000** House of Lords Select Committee on Science & Technology publishes its Sixth Report into Complementary and Alternative Medicine and places Nutritional Medicine in Group 2, not deemed to pose a risk to the public and therefore not warranting statutory regulation.
- **2001** The NTC revises its constitution in line with government guidance on setting Standards and progressing towards voluntary self-regulation.
- **2001** BANT changes name to the British Association for Nutritional Therapy to reflect the promotion of the science as well as the practitioners.
- **2003** National Occupational Standards for NT published by QCA/SQCA.
- **2004** Core Curriculum and Learning Outcomes for NT published by NTC.
- **2006** The NTC launches a Grandparenting process by which NTs can be assessed to meet the National Occupation Standards and other requirements for professional registration. The process is based on that of the Health Professions Council (HPC) who kindly helped the NTC with advice.
- **2007** Under the guidance of The Prince's Foundation for Integrated Health (FIH) and funded by the Department of Health, the NTC represents Nutritional Therapy as one of twelve professions which join a working group to establish a federal regulator for complementary healthcare professions. The NTC online register of NT practitioners completing the Grandparenting process is launched in October.
- **2008** Summer sees the launch of the federal regulator for complementary healthcare professions – the Complementary and Natural Healthcare Council (CNHC). This new organisation will protect the public by vetting complementary health practitioners, and only giving their seal of approval to well-qualified, responsible professionals. The NTC register will be transferred to the CNHC in due course.
- **2008** Training courses start to undergo formal accreditation.
- **2008** BANT expands its acronym to include Applied Nutrition in order to reflect the complex nature of much of its members work.
- **2009** The Grandparenting process finishes September 30<sup>th</sup>. After this time anyone wishing to be registered with the CNHC will be required to have completed one of the accepted training courses in NT.
- **2009/10** CNHC takes over the NTC register.

- **2010** NTC continues accrediting courses.
- **2010** [www.chre.org.uk/ img/pics/library/pdf\\_1299078307.pdf](http://www.chre.org.uk/img/pics/library/pdf_1299078307.pdf). The Council for Healthcare Regulatory Excellence (CHRE) is to be axed and a new levy-funded body covering both statutory and voluntary regulators to be introduced. We do not know how this will affect us at present. Possibly CNHC will be taken under this umbrella!!
- **2011** The Online Modules of the BANT Learning Zone become available as well as the online CPD logging system.
- **2011** Associate membership of BANT becomes available for regulated professionals and APEL candidates that can demonstrate they work to NT principles. Completion of Online Modules is a requirement.
- **2011** Herbal Regulation takes effect. Only recognised healthcare professions may continue to use/prescribe unlicensed herbs.
- **2012** Accreditation of courses still to be completed and the estimated date is May 2013.
- **2012** BANT publishes its 5 year Strategic Plan intended to provide direction and clarity, ensure commitment and confident decision-making and also transparency to members on how BANT will deliver on its promises and put future membership fees to best use.
- **2012** BANT launches its Social Media presence in the form of a BANT Blogsite, Twitter, Facebook, YouTube and LinkedIn Groups - [www.bant.org.uk/bant/jsp/socialMedia.faces](http://www.bant.org.uk/bant/jsp/socialMedia.faces)
- **2013** BANT CPD requirements compulsory for all full members.
- **2013** BANT produces and releases a series of NT Practitioner Toolkits made up of a PR, Marketing and Business Toolkits.
- **2013** BANT launches its Clinicians Engagement Project (CEP) for BANT members who are CNHC registered in order to inspire GPs to suggest to appropriate patients that they contact their local NT to book an appointment, to encourage GPs to engage with their local NT, to raise positive awareness of NT and for GPs to recognise CNHC registration and BANT membership.
- **2013** Nutrigenetic Counsellor Register to be launched in June 2013 - thereby fulfilling BANT's commitment to the Human Genetics Commission that it would set up an advanced practice register covering nutrigenetic counselling following the HGC's 'Genes Direct' reports in 2003 and 2007.
- **2013** Memorandum of Understanding (MOU) is signed between the CNHC and BANT which states that BANT, using NTEC, is now responsible for accrediting of courses so that it can carry out its work as a Verifying Organisation (VO) for CNHC in terms of the national register of nutritional therapists.
- **2013** CNHC registration compulsory for all full practising members from Jan 2014. Exemptions will apply to those who have not been in practice for 3 years and a specific date will be set by which they need to register with the CNHC. CNHC's register gets approval as an Accredited Voluntary Register by the Professional Standards Authority for Health and Social Care (PSA).

## 1. BANT BRIEFING NOTES

- [BANT Briefing Note on Evidence Based Practice - November 2009](#)
- [BANT Briefing Note on the CODEX and EU Food Supplement Directive - November 2009](#)
- [BANT Briefing Note on Detox - August 2009](#)
- [BANT Briefing Note on the EU Health Claims Regulation - 18 April 2008](#)
- [BANT Briefing Note on Optimum Nutrition - March 2006](#)

## 2. BANT SUBMISSIONS TO GOVERNMENT CONSULTATIONS

- [BANT Submission to the House of Lords Science and Technology Committee Inquiry on Sports and Exercise Medicine - 6 June 2012](#)
- [BANT Evidence to the House of Commons Health Select Committee on Education, Training and Workforce Planning -19 December 2011](#)
- [BANT Submission to the All-Party Parliamentary Osteoporosis Group \(APPOG\) - 4 January 2011](#)
- [BANT Submission to the House of Lords Science and Technology Committee Inquiry on Behaviour Change -4 October 2010](#)
- [BANT Submission to Genomic Medicine Inquiry -17 April 2008](#)

## 3. BANT RESPONSES TO DEVELOPMENTS IN THE NT PROFESSION

- [BANT & NTC to set up Working Party to investigate the Which? allegations - 27 February 2012](#)
- [BANT responds to Which? blog about accusation of non-response - 19 January 2012](#)
- [BANT updated response to the WHICH? Article - 18 January 2012](#)
- [BANT Press Release 13 Jan 2012 in response to the WHICH? article - 13 January 2012](#)
- [BANT Response to the HGC Consultation on Common Framework of Principles for Direct-to-Consumer Genetic Testing Services - Nov 2009](#)
- [BANT Response to You and Yours Radio 4 Thurs - 17 July 2008](#)
- [BANT Response by email to the FSA on the Consultation on FIR and Nutrition Claims - 4 March 2008](#)
- [BANT Response to the recent programme on Radio 4 by Ben Goldacre called The Rise of the Lifestyle Nutritionist -1 April 2008](#)
- [BANT Response to the EU consultation on scope of Traditional Medicines Directive - 11 July 2007](#)

## 4. E-BLASTS – 2007

The eblast system an internal emailing system used to give instant updates to members.

## 5. MEMBERS FORUM – MAY 2009

The Members Forum was launched in 2009 as a place for members to interact, share ideas and network.

## 6. BANT POSTERS – 2010

- [NUTRITIONAL THERAPY PROCESS POSTER](#)
- [FOOD REACTION CONNECTOME POSTER](#)
- [NUTRITION AND HEALTH FRAMEWORK POSTER](#)
- [NUTRITIONAL THERAPY UNDERPINNING PRINCIPLES POSTER](#)

## 7. NATURAL MEDICINES COMPREHENSIVE DATABASE (NMCD) – 2010

Full licensed access for all members since 2010.

## 8. EPOLITIX – 2010

BANT has a dedicated webspace on the Epolitix Website which provides most comprehensive coverage of UK politics on the web.

## 9. BANT LEAFLET – 2011

The BANT leaflet was revised in 2011 in order to be compliant with ASA Rules.

## 10. REGIONAL CO-ORDINATORS – 2010

Re-launched in 2010 with more structure and co-ordinator groups throughout the UK, Europe and Worldwide.

### **11. ARC TOOLKIT – MARCH 2011**

The Advertising Rules Committee was set up to develop a Toolkit for members to navigate their way through the new ASA Rules.

### **12. E-NEWSLETTER (MONTHLY) – APRIL 2011**

New monthly electronic format for the e-Newsletter was introduced in April 2011.

### **13. ONLINE CPD LOGGING SYSTEM – JUNE 2011**

CPD is now compulsory and all members must have logged their minimum of 30 hours before they can renew each year.

### **14. ONLINE LEARNING ZONE – JULY 2011**

The Learning Zone is a place of learning for all members where they can refresh or improve their knowledge.

### **15. RULES AND REGULATION – AUGUST 2011**

3 in depth presentations were designed to help members navigate their way through array of rules and regulations in NT practice.

### **16. ONLINE RENEWAL PROCESS – NOVEMBER 2011**

Online membership renewals were introduced in November 2011 and this process is paperless, fast and easy to use.

### **17. ROYAL SOCIETY OF MEDICINE – DECEMBER 2011**

BANT has negotiated a 15% discount rate for BANT members who join the RSM.

### **18. SOCIAL MEDIA PRESENCE – SEPTEMBER 2012**

LinkedIn Members forum group, BANT Blogsite, YouTube Channel, Twitter and Facebook

### **19. NT PRACTITIONER TOOLKITS – FEBRUARY TO MARCH 2013**

PR, Marketing and Business Toolkits – excellent resources for members.

### **20. CLINICIAN'S ENGAGEMENT PROJECT (CEP) – APRIL 2013**

BANT has negotiated discounted subscriptions for member to CAM Magazine.

### **21. NUTRIGENETIC COUNSELLOR REGISTER – JUNE 2013**

This register fulfils BANT's commitment to the Human Genetics Commission that it would set up an advanced practice register covering nutrigenetic counselling following the HGC's 'Genes Direct' reports in 2003 and 2007.

### **22. BANT RUNS A CNHC PORTFOLIO WORKSHOP – NOVEMBER 2013**

This workshop was designed to explain in detail how to complete the Full or Guided Portfolio application to register with the CNHC. The workshop was recorded and now serves as an important free resource for BANT members.

### **23. NATURAL STANDARD DATABASE (NMCD) – NOVEMBER 2013**

Full licensed access for all members since November 2013.