



**14 February 2017**

**BANT MEMBERS CLINICAL TRAINING IN FUNCTIONAL TESTING  
ALLOWS THEM TO BECOME ACCREDITED PRACTITIONERS FOR  
“MAP MY GUT”**

As highlighted in today's Daily Mail, the British Association for Applied Nutrition and Nutritional Therapy (BANT) is proud that its registered practitioners have been chosen to work with Professor Tim Spector and his team as part of the “Map My Gut” gut microbiome sequencing service.

Unlike other nutrition based professions, BANT registered practitioners have functional testing as part of their core curriculum clinical training and are, therefore, ideally placed to assess the Map My Gut test results and provide individualised recommendations to optimise a client's health.

Map My Gut is a unique lifetime health management company providing in-depth personalised microbiome analysis examining links between our health and the many bacteria living in our guts. As well as personalised testing the company also performs research into healthy foods and diets and advise the health food industry.

The human microbe community (microbiome) plays a key role in our health and is vital for digestion, vitamin production and regulation of our immune system and even our mood and appetite. As a result, understanding how the bacteria living in your gut affects you and what you can do to increase its diversity is vital for wellbeing.

This innovative and forward-thinking screening programme is the brainchild of Professor Tim Spector co-founder of the British Gut project, Dr Alessandra Cervino, an expert in the field of genetics and microbes and Jeff Leach co-founder of the American Gut project.

- Ends -

**FOR FURTHER INFORMATION PLEASE CONTACT:**

**Daniel O'Shaughnessy**

**[Communications@bant.org.uk](mailto:Communications@bant.org.uk)**

**Tel: +44 7540 722307**

**NOTES TO EDITORS:**

**The British Association for Applied Nutrition and Nutritional Therapy (BANT)** is the professional body for Registered Nutritional Therapists. Its primary function is to assist its members in attaining the highest standards of integrity, knowledge, competence and professional practice, in order to protect the client's interests; nutritional therapy and the registered nutritional therapist. Registered Nutritional Therapists are recognised by the Professional Standards Authority (PSA) in their ability to make a difference by working together with healthcare providers as part of multidisciplinary teams under NHS commissioning.