

Are you a newly qualified
Nutritional Therapist?

Are you looking for work
experience?

Camden Carers Service wants to hear from you



Camden Carers Service (CCS) is a charity which offers advice, support and activities to unpaid carers across the borough of Camden. This support includes a dedicated Carers Health Team which is now looking for volunteer nutritional therapists to join it's Nutrition Project and support the fantastic work that 4 qualified NTs have been doing.

Taru (<http://thrivelondon.com>) and Bev (<http://www.senseofnutrition.co.uk>) have been seeing carers in one to one sessions at Camden Carers Centre, as part of the Carers' Nutrition Project. The feedback from carers has been extremely positive:

'Really enjoyed seeing the nutritional therapist. I feel and see changes in my body. Much more energetic and positive. Sleep has improved and overall feeling positive.' Linda

In addition, the NTs have been involved in some of our health screening days and nutrition workshops, as well as submitting articles and recipes for publication in our quarterly newsletter of which over 2000 copies are distributed to carers and professional bodies around Camden.

Volunteers will receive safeguarding and first aid training as well as having access to a range of other training opportunities with Camden Council's Training and Development Service. Volunteers would also have further opportunities to get involved in health related events and helping to provide recipes and health articles for our website.

This is a fantastic opportunity to gain experience working with clients and be part of the wider projects run by the Camden Carers Service Health Team.

Requirements

You must be a full BANT member and CNHC registered with your own professional indemnity insurance. We are looking for a minimum commitment of 6 months.

If you are successful, you will need to undergo a DBS check which CCS will pay for.

What to do next

If you are interested in volunteering as a Nutritional Therapist for Camden Carers Service, please send us an email telling us a little about yourself (in no more than 300 words). Please send this in to us no later than **Friday 29th September**.

For more details and to apply contact Sue Taylor at: health@camdencarers.org.uk or call 0207 428 8950.

